



Cancer Resource Guide 2007

Where to turn for help and support in Utah



Sponsored by Huntsman Cancer Institute
and the Utah Cancer Action Network

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Coping with cancer can be overwhelming and challenging.

It's important to remember that you are not alone.

Help is available. From local support groups that provide understanding and encouragement to national organizations that offer information and financial aid, there are many resources you can turn to for help.

The *Cancer Resource Guide* can help you find these resources.

Brought to you by Huntsman Cancer Institute and the Utah Cancer Action Network, this guide is a directory of support groups, organizations, and programs in Utah and across the country that provide information and support to those affected by cancer. Most of the resources and services listed in this guide are provided free of charge. *Please note that inclusion in this guide does not imply endorsement by Huntsman Cancer Institute or by the Utah Cancer Action Network.*

We welcome your assistance! We make every effort to include useful resources and to ensure that the information listed is accurate at the time of printing. If you find incorrect information in this guide, or if you know of a service or group that should be included, please let us know.

If you have suggestions or if you would like copies of our guide, please call the Huntsman Cancer Information Service toll free at (888) 424-2100 or e-mail patient.education@hci.utah.edu.

**American Cancer Society
Great West Division–Salt Lake City Office**

941 E 3300 S

Salt Lake City UT 84106

(801) 483-1500

Salt Lake office toll free: (800) 234-0533

National toll free: (800) ACS-2345 (227-2345)

www.cancer.org

The American Cancer Society is a nationwide, community-based, voluntary health organization dedicated to preventing cancer, saving lives, and diminishing the suffering from cancer. The Salt Lake City office offers support groups, patient services, and Learning and Wellness centers.

Camp Hobé

(801) 631-2742

www.camphobekids.org

Camp Hobé offers a special summer camp experience for cancer patients and their siblings, serving children between ages 4 and 19 from Utah and the Intermountain area (Wyoming, Idaho, and Nevada). Three camp sessions are available each summer.

The Cancer Crusaders Organization

(801) 863-6351

www.skincancerribbon.org

Home to the national Skin Cancer Awareness ribbon, the Cancer Crusaders Organization (formerly Utah Cancer Crusaders) hosts skin cancer education programs for Utah's young adults and provides sun protection products to high-risk melanoma patients from lower income households.

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

(801) 236-2294

www.cancer-wellness.org

Cancer Wellness House is a community of hope, learning, and friendship. Its unique program offers classes, workshops, groups, and social activities designed to support people whose lives have been affected by cancer. All programs are free.

Hispanic/Latina Breast Cancer Education Program

Provided by Alliance Community Services

347 E South Temple

Salt Lake City UT 84111

(801) 359-8922

This program educates Latino women in Salt Lake County about the importance of breast cancer screening. It also helps ensure women 40 years of age and older receive their annual mammograms and clinical breast exams.

Huntsman Cancer Information Service Huntsman Cancer Institute

(801) 581-6365

Toll free: (888) 424-2100

E-mail: patient.education@hci.utah.edu

www.huntsmancancer.org/cancerinformation.jsp

The Huntsman Cancer Information Service provides accurate, up-to-date information about all aspects of cancer, including prevention, screening, treatment, clinical trials, coping, support groups, and more. Cancer Information Specialists answer questions by phone or through e-mail and provide free written materials. Office hours are Monday to Friday, 8 a.m. to 4 p.m.

**Huntsman Cancer Learning Center
Huntsman Cancer Institute, First Floor**

University of Utah
2000 Circle of Hope
Salt Lake City UT 84112-5550
(801) 585-0605
Toll free: (888) 424-2100
E-mail: patient.education@hci.utah.edu
www.huntsmancancer.org/clc

The Huntsman Cancer Learning Center is a free information service and lending library with more than 3,000 items available for check out. Cancer Information Specialists answer questions and provide individualized help finding cancer information using books, brochures, DVDs, and Internet resources. Library materials can be mailed to people living outside the Salt Lake Valley. Office hours are Monday to Friday from 9 a.m. to 5 p.m.; Wednesdays from 9 a.m. to 7 p.m.

**Huntsman-Intermountain Cancer
Education Centers**

<http://intermountainhealthcare.org/xp/public/cancer>

Several Intermountain Healthcare hospitals and clinics have onsite Cancer Education Centers. These centers are open to the public and have brochures and other materials about cancer. For more information, visit the website listed above or call the Huntsman Cancer Information Service toll free at (888) 424-2100.

**The Leukemia & Lymphoma Society (LLS)
Utah Chapter**

180 S 300 W Ste 260
Salt Lake City UT 84101
(801) 519-6600
Toll free: (877) 243-8908
www.lls.org

The LLS is dedicated to finding cures for leukemia, lymphoma, and myeloma and to improving quality of life for patients and families. They offer educational programs, a patient financial aid program, support groups, and telephone and online support.

Rocky Mountain Candlelighters for Childhood Cancer

124 S 400 E Ste 340

Salt Lake City UT 84111-5317

(801) 487-7844

Toll free: (888) 556-2737

E-mail: info@childhoodcancer.org

www.childhoodcancer.org

Candlelighters enhances the lives of children with cancer and their families by providing hope, emotional and practical support, education, and patient advocacy. They provide in-hospital services at Primary Children's Medical Center and community-based services such as counseling, monthly activities, weekend family camps, a newsletter, and Angel Family Tribute for families who have lost a child to cancer.

Susan G. Komen for the Cure Salt Lake City Affiliate

(801) 446-2980

www.komenslc.org

The Salt Lake City affiliate of Susan G. Komen for the Cure is dedicated to raising funds for breast cancer education, screening, and treatment within Utah. Funds are raised through many activities, including the annual Race for the Cure.

Utah Breast Cancer Taskforce

(801) 296-7177

Toll free: (800) 717-1811

www.utahbreastcancertaskforce.com

The Utah Breast Cancer Taskforce works to increase breast cancer awareness, education, and access to screening, treatment, and support. Members of the taskforce are united in an effort to enhance the quality of life for people diagnosed with breast cancer through emotional, physical, and financial support.

Utah Cancer Action Network (UCAN)

Toll free: (888) 222-2542

www.ucan.cc

UCAN works to reduce cancer incidence and mortality in Utah through collaborative efforts directed at the prevention, early detection, treatment, rehabilitation, and palliation of cancer.

UCAN offers a website, a toll-free hotline, educational materials, and a speaker's bureau.

Utah Cancer Control Program (UCCP)

Toll free: (800) 717-1811

www.utahcancer.org

The UCCP works to improve the early detection, follow-up, and treatment of breast and cervical cancers. They also promote the Utah Cancer Action Network (UCAN).

Utah Cancer Foundation

3838 S 700 E Ste 100

Salt Lake City UT 84106

(801) 281-6861

www.utahcancerfoundation.org

The Utah Cancer Foundation's focus is to aid, strengthen, and comfort cancer patients and their caregivers by providing needed services that support and assist them throughout the stages of their cancer experience. All services are free of charge.

ALL CANCERS

STATEWIDE

Reel Recovery

www.reelrecovery.org

Meets: Please call for more information.

Purpose: A program for men with life-threatening cancer. These retreats combine fly-fishing instruction with the opportunity for men to share their experiences. Free, but limited to 12 participants.

Contact: Reel Recovery at (800) 699-4490.

AMERICAN FORK

Surviving to Thriving

Central Utah Cancer Center

1152 E 200 N

American Fork UT 84003

Meets: Fourth Tuesday of each month at 6 p.m.

Purpose: An ongoing support group with a focus on improving coping skills and emotional healing.

Contact: Shelly Eyre, LCSW, at (801) 812-5466.

BOUNTIFUL

Chemotherapy Class

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Lakeview Campus

520 E Medical Dr Ste 340

Bountiful UT 84010

Meets: As needed. Please call for more information.

Purpose: To provide patients and caregivers with the information needed for a successful experience throughout treatment. Participants learn about specific drugs and managing side effects.

Contact: Utah Cancer Specialists Lakeview Campus at (801) 296-6665.

CLEARFIELD

I Can Cope Cancer Support Group

Sponsored by the American Cancer Society

Rocky Mountain Care Center

1450 S 1500 E

Clearfield UT 84015

Meets: Second Tuesday of each month. Call to register.

Purpose: General cancer support and education. Free.

Contact: Andrea Bailey at (801) 397-4853 or American Cancer Society at (801) 483-1500.

LAYTON

Chemotherapy Class

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Davis Campus

1492 W Antelope Dr Ste 125

Layton UT 84041

Meets: Thursdays at 5 p.m. Please call to register.

Purpose: To provide patients and caregivers with the information needed for a successful experience throughout treatment. Participants learn about specific drugs and managing side effects.

Contact: Utah Cancer Specialists Davis Campus at (801) 525-3022.

ALL CANCERS, continued

LOGAN

Cancer Support Group

Sponsored by the American Cancer Society

Logan Regional Hospital

500 E 1400 N

Logan UT 84341

Meets: Third Tuesday of each month from 6 to 7:30 p.m. in classroom 5.

Purpose: General cancer support and education.

Contact: Krista Aller at (435) 716-2966 or American Cancer Society toll free at (800) 234-0533.

MURRAY

Chemotherapy Class

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cottonwood Campus

5770 S 250 E Ste 135

Murray UT 84107

Meets: Tuesdays at 6 p.m. Please call to register.

Purpose: To provide patients and caregivers with the information needed for a successful experience throughout treatment. Participants learn about specific drugs and managing side effects.

Contact: Utah Cancer Specialists Cottonwood Campus at (801) 263-3416.

PRICE

Women's Cancer Support Group

Sponsored by the American Cancer Society

Castleview Hospital

300 N Hospital Dr

Price UT 84501

Meets: Third Wednesday of each month at 7 p.m.

Purpose: To help women with cancer. Free.

Contact: American Cancer Society toll free at
(800) 234-0533.

PROVO

Chemotherapy Class

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Utah Valley Campus

1034 N 500 W

Provo UT 84604

Meets: Wednesdays at 5 p.m. Please call to register.

Purpose: To provide patients and caregivers with the information needed for a successful experience throughout treatment. Participants learn about specific drugs and managing side effects.

Contact: Utah Cancer Specialists Utah Valley Campus at
(801) 357-8200.

Family to Family

Central Utah Cancer Center

1055 N 500 W

Provo UT 84604

Meets: Second Wednesday of each month at 6 p.m. in the radiation oncology conference room.

Purpose: Age-appropriate information and support for families coping with cancer. Groups for children (ages 5-12), teens (ages 13-18), and adults are available. A cancer center tour is provided.

Contact: Shelly Eyre, LCSW, at (801) 812-5466.

ALL CANCERS, continued

PROVO, continued

Information Is Power Educational Series

Central Utah Cancer Center

1055 N 500 W

Provo UT 84604

Meets: Please call for meeting dates and to register.

Purpose: To provide cancer patients and their loved ones information and support. Nine-week courses run in January, April, and September. Free.

Contact: Shelly Eyre, LCSW, at (801) 812-5466.

Relax, Refresh, and Heal

Central Utah Cancer Center

1055 N 500 W

Provo UT 84604

Meets: Please call for meeting dates and to register.

Purpose: A relaxation, meditation, and stress management class offered four times a year (January, April, May, and September).

Contact: Shelly Eyre, LCSW, at (801) 812-5466.

Surviving to Thriving

Central Utah Cancer Center

1055 N 500 W

Provo UT 84604

Meets: Tuesdays at 10 a.m. and Wednesdays at 4 p.m. in the radiation oncology conference room.

Purpose: An ongoing support group with a focus on improving coping skills and emotional healing.

Contact: Shelly Eyre, LCSW, at (801) 812-5466.

Women's Cancer Support Group

Sponsored by the American Cancer Society
Utah Valley Regional Medical Center
 1034 N 500 W
 Provo UT 84604

Meets: Second Monday of each month at 7 p.m. Please call to register.

Purpose: General support for women. Free.

Contact: Connie Benson at (801) 226-8952 or American Cancer Society toll free at (800) 234-0533.

SALT LAKE CITY

Advanced Illness Support Group for Women

In partnership with St. Mark's Hospital
Utah Cancer Specialists Cancer Center
 3838 S 700 E Ste 100
 Salt Lake City UT 84106

Meets: Please call for meeting times and dates.

Purpose: To provide information and support to those faced with advanced, life-threatening disease.

Contact: Carol Lee at (801) 268-7141 or Kathleen Grisley at (801) 281-6861.

Cancer Wellness House Family Groups

Cancer Wellness House
 59 S 1100 E
 Salt Lake City UT 84102

Meets: Quarterly or monthly. Call for dates and times.

Purpose: Activities designed to encourage peer support among children, teens, parents, and grandparents dealing with a cancer diagnosis. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

ALL CANCERS, continued

SALT LAKE CITY, continued

Chemotherapy Class

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Tuesdays at 9 a.m., Wednesdays at 5:30 p.m.,
and Thursdays at 5:30 p.m. Call to register.

Purpose: To provide patients and caregivers with the
information needed for a successful experience
throughout treatment. Participants learn about
specific drugs and managing side effects.

Contact: Utah Cancer Specialists Cancer Center at
(801) 269-0231.

I Can Cope

Sponsored by the American Cancer Society

LifePath Home Health & Hospice

3838 S 700 E Ste. 210

Salt Lake City UT 84106

Meets: Please call for dates and times and to register.

Purpose: An educational program helping people with
cancer and their families design ways to
overcome the challenges of a cancer diagnosis.
Includes guest speakers and print materials.

Contact: Susan McDonald at (801) 293-0444 or American
Cancer Society at (801) 483-1500.

Men's Support Group

Sponsored by the Utah Cancer Foundation
Utah Cancer Specialists Cancer Center
 3838 S 700 E Ste 100
 Salt Lake City UT 84106

Meets: Second Wednesday of each month at 5 p.m.
 Please call to register.

Purpose: Support group for men with cancer. Some meetings include activities or speakers. The group is open and men can join at any time.

Contact: Kathleen at (801) 281-6861.

Parent Network

Cancer Wellness House
 59 S 1100 E
 Salt Lake City UT 84102

Meets: Monthly. Please call to register.

Purpose: For parents and grandparents surviving cancer. This group discusses how to communicate with young children and teens about cancer. Facilitated by child life specialists. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

Wellness Patient Support Group

Cancer Wellness House
 59 S 1100 E
 Salt Lake City Utah 84102

Meets: Weekly. Please call for more information.

Purpose: Support groups led by licensed social workers for adults diagnosed with cancer. Involves a 10-week commitment. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

ALL CANCERS, continued

SALT LAKE CITY, continued

Young Adult Network

Cancer Wellness House

59 S 1100 E
Salt Lake City UT 84102

Meets: Please call for times and locations.

Purpose: Monthly social activities for people ages 18 to 30 affected by cancer. This network allows participants to express feelings, find emotional support, and learn about themselves. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

YourStory

Huntsman Cancer Institute

University of Utah
2000 Circle of Hope
Salt Lake City UT 84112-5550

Meets: By appointment. Recording sessions can be done at Huntsman Cancer Institute, at home, or in the hospital.

Purpose: This free service gives cancer patients and their families the opportunity to record their life stories as a lasting legacy. Trained staff help users recall and tell their stories; each session is recorded on a CD.

Contact: Wellness Center at (801) 587-4585.

ST GEORGE

General Cancer Support Group

Sponsored by the American Cancer Society

Dixie Regional Medical Center

544 S 400 E

St George UT 84770

Meets: Mondays from noon to 1 p.m.

Purpose: General cancer support group. Free.

Contact: Mary at (435) 688-4167 or American Cancer Society toll free at (800) 234-0533.

BRAIN TUMORS

SALT LAKE CITY

Brain Tumor Support Group

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Twice monthly. Please call to register.

Purpose: Educational support network addressing the needs and issues of individuals experiencing brain cancer. Family members and friends are encouraged to attend. Facilitated by John Conlee, PhD, LCSW. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

BREAST CANCER

STATEWIDE

Reach to Recovery

American Cancer Society

- Meets:* Call to arrange a personal or phone visit and to find a support group near you.
- Purpose:* Provides peer support and information to help women with breast cancer meet their emotional, physical, and cosmetic needs. Free.
- Contact:* American Cancer Society at (801) 483-1500 or toll free at (800) 234-0533.

MURRAY

Cottonwood Hospital Breast Cancer Support Group

Cottonwood Hospital

5770 S 300 E
Murray UT 84107

- Meets:* Every other Tuesday from 6 to 7:30 p.m. in the Women's Center conference room.
- Purpose:* This free, open-ended group provides a supportive, caring environment for women with breast cancer. Includes education and opportunities to share experiences.
- Contact:* Gayle Wyner, CSW, at (801) 314-2963.

PARK CITY

Image Reborn

Image Reborn Foundation

www.imagerebornfoundation.org

- Meets:* Please call for retreat dates.

Purpose: Extended weekend retreats in Park City. These retreats provide a healing environment for women with breast cancer and include group support and encouragement, nutrition, yoga, guided imagery, art, massage, snowshoeing, and hikes. Free.

Contact: Donna Creighton at (435) 658-1715.

PRICE

Women's Cancer Support Group

Sponsored by the American Cancer Society

Castleview Hospital

300 N Hospital Dr

Price UT 84501

Meets: Third Wednesday of each month at 7 p.m.

Purpose: To help women with cancer. Free.

Contact: American Cancer Society toll free at (800) 234-0533.

PROVO

Women's Cancer Support Group

Sponsored by the American Cancer Society

Utah Valley Regional Medical Center

1034 N 500 W

Provo UT 84604

Meets: Second Monday of each month at 7 p.m. Please call to register.

Purpose: General support for women. Free.

Contact: Connie Benson at (801) 226-8952 or American Cancer Society toll free at (800) 234-0533.

BREAST CANCER, continued

SALT LAKE CITY

Advanced Illness Support Group for Women

In partnership with St. Mark's Hospital

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Please call for meeting times and dates.

Purpose: To provide information and support to those faced with advanced, life-threatening disease.

Contact: Carol Lee at (801) 268-7141 or Kathleen Grisley at (801) 281-6861.

Hispanic Breast Cancer Support Group "TRIUNFADORAS"

Provided by Alliance Community Services

American Cancer Society

941 E 3300 S

Salt Lake City UT 84106

Meets: Second and fourth Tuesday of each month from 6 to 8 p.m.

Purpose: A Spanish language support group for women with breast cancer. This group offers the opportunity to share experiences and deal with issues important and unique to Hispanic women.

Contact: Sara Carbajal Salisbury at (801) 359-8922.

LDS Hospital Breast Cancer Support Group

LDS Hospital

8th Ave and C St

Salt Lake City UT 84143

Meets: Please call for meeting times and dates.

Purpose: This free, open-ended group provides a supportive, caring environment for women coping with breast cancer. Includes education and opportunities to share experiences.

Contact: Gayle Wyner, CSW, at (801) 314-2963.

Staying Abreast Support Group

American Cancer Society
941 E 3300 S
Salt Lake City UT 84106

Meets: Fourth Wednesday of each month at 7 p.m.

Purpose: To offer support by providing speakers and topics of interest to people dealing with breast cancer. Includes a forum to talk with other survivors.

Contact: Sharon Folland at (801) 969-4032 or American Cancer Society at (801) 483-1500.

ST GEORGE

Breast Cancer Support Group

Sponsored by Dixie Regional Medical Center
Knight Education Center
616 S 300 E
St George UT 84770

Meets: First Friday of each month from 5 to 6 p.m.

Purpose: A group designed to support women in Southern Utah diagnosed with breast cancer. Loved ones are welcome to attend.

Contact: Carol Mortenson at (435) 673-6078.

CHILDHOOD CANCER

STATEWIDE

Camp AFOOFA (All for One; One for All)

Rocky Mountain Candlelighters for Childhood Cancer

- Meets:* Summer weekend camps in Northern and Central Utah.
- Purpose:* Provides a family weekend camping experience for children with cancer. Free.
- Contact:* Candlelighters Services Coordinator at (801) 487-7844, toll free at (888) 556-2737, or info@childhoodcancer.org.

Family Summer Picnic

Rocky Mountain Candlelighters for Childhood Cancer

- Meets:* Saturday in July each year.
- Purpose:* A social and recreational activity for families dealing with childhood cancer. Free for children.
- Contact:* Candlelighters Services Coordinator at (801) 487-7844, toll free at (888) 556-2737, or info@childhoodcancer.org.

Ticket-Line

Rocky Mountain Candlelighters for Childhood Cancer

- Purpose:* This program provides free or reduced-price tickets to recreation, entertainment, and other community activities for childhood cancer patients and their families.
- Contact:* Candlelighters Services Coordinator at (801) 487-7844 or toll free (888) 556-2737 or info@childhoodcancer.org.

DAVIS and WEBER COUNTIES

Kidshops

**Rocky Mountain Candlelighters for
Childhood Cancer**

Meets: Monthly. Please call for activity times and locations or visit www.childhoodcancer.org.

Purpose: Activities for children with cancer and their siblings that help them with diagnosis and treatment and provide peer support. Free.

Contact: Candlelighters Services Coordinator toll free at (888) 556-2737 or info@childhoodcancer.org.

SALT LAKE CITY

Camp Hobé

Meets: Three camp sessions are offered; please call for dates and times or visit www.camphobekids.org.

Purpose: A summer camp providing fun activities in a medically supervised environment for children with cancer and their siblings. Small registration fees are charged; limited fee waivers available.

Contact: Camp Hobé at (801) 631-2742.

**C.R.E.W. (Courageous, Reassuring, Enthusiastic
Winners) Teen Support Group**

Primary Children's Medical Center

Meets: Once a month. Please call for details.

Purpose: This group offers compassion and support to teens diagnosed with cancer. Teens in treatment and off treatment meet to have fun and connect with others in a similar situation. Free.

Contact: Cathy Haskins at (801) 662-4554.

CHILDHOOD CANCER, continued

SALT LAKE CITY, continued

Kidshops

Rocky Mountain Candlelighters for Childhood Cancer

- Meets:* Monthly. Please call for activity times and locations or visit www.childhoodcancer.org.
- Purpose:* Activities for children with cancer and their siblings that help them with diagnosis and treatment and provide peer support. Free.
- Contact:* Candlelighters Services Coordinator at (801) 487-7844 or info@childhoodcancer.org.

UTAH COUNTY

Kidshops

Rocky Mountain Candlelighters for Childhood Cancer

- Meets:* Monthly. Please call for activity times and locations or visit www.childhoodcancer.org.
- Purpose:* Activities for children with cancer and their siblings that help them with diagnosis and treatment and provide peer support. Free.
- Contact:* Candlelighters Services Coordinator toll free at (888) 556-2737 or info@childhoodcancer.org.

SALT LAKE CITY

Colon Cancer Support Group
Cancer Wellness House
59 S 1100 E
Salt Lake City UT 84102

Meets: Monthly. Please call to register.

Purpose: Educational support group addressing the needs of individuals with colon cancer. Family members and friends are encouraged to attend. Facilitated by Valerie Lamber, LCSW. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

Voices of Salt Lake City
Colon Cancer Alliance
www.CCAlliance.org

Purpose: Provide support, spread awareness, and raise funds for colorectal cancer research and education. Please call for more information.

Contact: Jim McClurg toll free at (888) 716-9928 or the Colon Cancer Alliance toll free at (877) 422-2030.

FOR FAMILY AND FRIENDS

STATEWIDE

Aging and Adult Services

www.hsdaas.utah.gov
www.utahagingservices.org

Purpose: Departments throughout the state of Utah provide many services for caregivers, including information, counseling, training, support groups, respite care, and equipment.

Contact: Your local government office or the Utah Division of Aging and Adult Services toll free at (877) 4-AGING (424-4640).

Camp AFOOFA (All for One; One for All)

**Rocky Mountain Candlelighters for
Childhood Cancer**

Meets: Summer weekend camps in Northern and Central Utah.

Purpose: Provides a family weekend camping experience for children with cancer. Free.

Contact: Candlelighters Services Coordinator at (801) 487-7844, toll free at (888) 556-2737, or info@childhoodcancer.org.

Family Summer Picnic

**Rocky Mountain Candlelighters for
Childhood Cancer**

Meets: Saturday in July each year.

Purpose: A social and recreational activity for families dealing with childhood cancer. Free for children.

Contact: Candlelighters Services Coordinator at (801) 487-7844, toll free at (888) 556-2737, or info@childhoodcancer.org.

Ucare

Purpose: Provides online fact sheets, resource listings, and links to services for caregivers in Utah.

Contact: www.ucare.utah.gov

CACHE COUNTY

Parents and Adults Support Group

Sponsored by Rocky Mountain Candlelighters for Childhood Cancer

Community Nursing Services

221 Spring Creek Pkwy Ste G
Providence UT 84341

Meets: First and third Tuesday of each month from 7 to 8:30 p.m.

Purpose: This is a drop-in group professionally facilitated by a social worker open to any parent or other adult dealing with childhood cancer issues.

Contact: Candlelighters Services Coordinator toll free at (888) 556-2737 or info@childhoodcancer.org.

DAVIS and WEBER COUNTIES

Kidshops

Rocky Mountain Candlelighters for Childhood Cancer

Meets: Monthly. Please call for activity times and locations or visit www.childhoodcancer.org.

Purpose: Activities for children with cancer and their siblings that help them with diagnosis and treatment and provide peer support. Free.

Contact: Candlelighters Services Coordinator toll free at (888) 556-2737 or info@childhoodcancer.org.

FOR FAMILY AND FRIENDS, continued

OGDEN

Caregiver Support Group

Rest Easy Adult Day Care

1053 23rd St
Ogden UT 84401

Meets: Please call for meeting times and dates.

Purpose: This support group meets to hear guest speakers and participate in open discussion.

Contact: Laurel at (801) 612-0872 or (801) 941-3615.

Parents and Adults Support Group

*Sponsored by Rocky Mountain Candlelighters
for Childhood Cancer*

McKay-Dee Hospital Education Center

4401 Harrison Blvd
Ogden UT 84403

Meets: Second and fourth Wednesday of each month
from 7 to 8:30 p.m.

Purpose: This is a drop-in group professionally facilitated
by a social worker open to any parent or other
adult dealing with childhood cancer issues.

Contact: Candlelighters Services Coordinator toll free at
(888) 556-2737 or info@childhoodcancer.org.

PROVO

Family to Family

Central Utah Cancer Center

1055 N 500 W
Provo UT 84604

Meets: Second Wednesday of each month at 6 p.m. in
the radiation oncology conference room.

Purpose: Age-appropriate information and support for families coping with cancer. Groups for children (ages 5-12), teens (ages 13-18), and adults are available. A cancer center tour is provided.

Contact: Shelly Eyre, LCSW, at (801) 812-5466.

Parents and Adults Support Group

*Sponsored by Rocky Mountain Candlelighters
for Childhood Cancer*

Community Nursing Services

667 N 1890 W
Provo UT 84058

Meets: Second and fourth Tuesday of each month from 7 to 8:30 p.m.

Purpose: This is a drop-in group professionally facilitated by a social worker open to any parent or other adult dealing with childhood cancer issues.

Contact: Candlelighters Services Coordinator toll free at (888) 556-2737 or info@childhoodcancer.org.

SALT LAKE CITY

Camp Hobé

Meets: Three camp sessions are offered; please call for dates and times or visit www.camphobekids.org.

Purpose: A summer camp providing fun activities in a medically supervised environment for children with cancer and their siblings. Small registration fees are charged; limited fee waivers available.

Contact: Camp Hobé at (801) 631-2742.

FOR FAMILY AND FRIENDS, continued

SALT LAKE CITY, continued

Cancer Wellness House Family Groups

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Quarterly or monthly. Call for dates and times.

Purpose: Activities designed to encourage peer support among children, teens, parents, and grandparents dealing with a cancer diagnosis. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

Caregivers Support Group

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Monthly. Please call to register.

Purpose: Support group for family members, coworkers, and friends whose loved one is living with a cancer diagnosis. Facilitated by licensed social workers. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

Kids Club

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Weekly. Pre-registration is required.

Purpose: A one-day retreat and eight weekly support groups for children ages 5 to 12 whose parent

or grandparent has cancer. Licensed clinical social workers and child life specialists create a fun and understanding environment. Parent orientation and support is provided. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

Kidshops

Rocky Mountain Candlelighters for Childhood Cancer

Meets: Monthly. Please call for activity times and locations or visit www.childhoodcancer.org.

Purpose: Activities for children with cancer and their siblings that help them with diagnosis and treatment and provide peer support. Free.

Contact: Candlelighters Services Coordinator at (801) 487-7844 or info@childhoodcancer.org.

Parent's Break

Sponsored by Rocky Mountain Candlelighters for Childhood Cancer

Primary Children's Medical Center

100 N Medical Dr
Salt Lake City UT 84113-1100

Meets: Tuesdays and Fridays from 2 to 3 p.m.

Purpose: Compassion and support for parents who have a child with cancer in the hospital. A hospital parent support coordinator facilitates breaks and offers crafts and snacks.

Contact: Bonne Wardle at (801) 662-3709; Candlelighters Services Coordinator at (801) 487-7844 or info@childhoodcancer.org.

FOR FAMILY AND FRIENDS, continued

SALT LAKE CITY, continued

Teen Club

Cancer Wellness House

59 S 1100 E
Salt Lake City UT 84102

- Meets:* Monthly. Please call to register.
- Purpose:* Networking group for teens ages 13 to 18 whose parent or grandparent has cancer. Groups meet for a different, fun activity each month. Facilitated by licensed clinical social workers and child life specialists. Free.
- Contact:* Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

SANDY

Parents and Adults Support Group

*Sponsored by Rocky Mountain Candlelighters
for Childhood Cancer*

Alta View Hospital

9660 S 1300 E
Sandy UT 84094

- Meets:* Second and fourth Tuesday of each month from 7 to 8:30 p.m.
- Purpose:* This is a drop-in group professionally facilitated by a social worker open to any parent or other adult dealing with childhood cancer issues.
- Contact:* Candlelighters Services Coordinator at (801) 487-7844 or info@childhoodcancer.org.

UTAH COUNTY

Kidshops

**Rocky Mountain Candlelighters for
Childhood Cancer**

Meets: Monthly. Please call for activity times and locations or visit www.childhoodcancer.org.

Purpose: Activities for children with cancer and their siblings that help them with diagnosis and treatment and provide peer support. Free.

Contact: Candlelighters Services Coordinator toll free at (888) 556-2737 or info@childhoodcancer.org.

GYNECOLOGIC CANCERS

PRICE

Women's Cancer Support Group

Sponsored by the American Cancer Society

Castleview Hospital

300 N Hospital Dr

Price UT 84501

Meets: Third Wednesday of each month at 7 p.m.

Purpose: To help women with cancer. Free.

Contact: American Cancer Society toll free at (800) 234-0533.

GYNECOLOGIC CANCERS, continued

PROVO

Women's Cancer Support Group

Sponsored by the American Cancer Society

Utah Valley Regional Medical Center

1034 N 500 W

Provo UT 84604

Meets: Second Monday of each month at 7 p.m. Please call to register.

Purpose: General support for women. Free.

Contact: Connie Benson at (801) 226-8952 or American Cancer Society toll free at (800) 234-0533.

SALT LAKE CITY

Advanced Illness Support Group for Women

In partnership with St. Mark's Hospital

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Please call for meeting times and dates.

Purpose: To provide information and support to those faced with advanced, life-threatening disease.

Contact: Carol Lee at (801) 268-7141 or Kathleen Grisley at (801) 281-6861.

Woman to Woman Gynecological Cancer Group

Huntsman Cancer Institute

University of Utah

2000 Circle of Hope

Salt Lake City UT 84112-5550

www.woman2woman.org

- Meets:* First Wednesday of each month from 5 to 6:30 p.m. in the fourth floor conference room.
- Purpose:* A psycho-educational support group for women dealing with gynecological disease.
- Contact:* Lynne Carlquist, LCSW, or Sandy Miller, Nurse Practitioner, at (801) 587-9208.

LEUKEMIA, LYMPHOMA, AND MYELOMA

STATEWIDE

First Connections

The Leukemia & Lymphoma Society Utah Chapter

- Meets:* Please call to arrange.
- Purpose:* A free patient-to-patient telephone program that uses a large national database to link patients and families with a trained volunteer of similar age, life situation, and diagnosis. An Internet chatline is also available at www.lls.org.
- Contact:* Patient Services at (801) 519-6600, ext. 25 or toll free at (877) 243-8908.

Lymphoma Research Foundation-Utah Chapter

- Meets:* Please call for more information.
- Purpose:* This volunteer-based chapter increases awareness of lymphoma and support of Lymphoma Research Foundation activities. They host educational programs with guest speakers and raise money for lymphoma research through an annual *Lymphomathon*.
- Contact:* Munro at (801) 369-3540 or utah@lymphoma.org.

LEUKEMIA, LYMPHOMA, AND MYELOMA, continued

STATEWIDE, continued

Support Groups

**The Leukemia & Lymphoma Society
Utah Chapter**

- Meets:* Please call for more information.
- Purpose:* Groups open to any patient, family member, or friend affected by a diagnosis of leukemia, lymphoma, or myeloma. Free.
- Contact:* Patient Services at (801) 519-6600, ext. 25, or toll free at (877) 243-8908.

SALT LAKE CITY

**Leukemia, Lymphoma, and Myeloma
Support Group**

Sponsored by the Leukemia & Lymphoma Society
St. Mark's Hospital Cancer Support Center
 East Medical Bldg Ste 50
 1250 E 3900 S
 Salt Lake City UT 84124

- Meets:* Second Wednesday of each month.
- Purpose:* This support group for patients with leukemia, lymphoma, and myeloma and their loved ones provides information and allows participants to offer each other support and understanding.
- Contact:* Patient Services at (801) 519-6600, ext. 25 or toll free at (877) 243-8908.

MELANOMA

SALT LAKE CITY

Melanoma Network

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Monthly. Please call for dates and times.

Purpose: An educational support network for individuals with melanoma and other skin cancers. Family and friends are encouraged to attend. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext. 11.

PANCREATIC CANCER

SALT LAKE CITY

PanCAN Team Hope Utah

Meets: Please call for more information.

Purpose: This program increases awareness, educates, and raises funds for pancreatic cancer through community-based activities and events.

Contact: Margie Simmons at (801) 280-2949.

PROSTATE CANCER

STATEWIDE

Man to Man

American Cancer Society

Meets: Please call to arrange a personal or phone visit and to find a support group near you.

Purpose: Visitors and support groups provide peer support and information to men diagnosed with prostate cancer. Free.

Contact: American Cancer Society at (801) 483-1500 or toll free at (800) 234-0533.

SALT LAKE CITY

Man to Man

American Cancer Society

941 E 3300 S

Salt Lake City UT 84106

Meets: First Wednesday of each month at 7 p.m.

Purpose: To educate and support men facing prostate cancer by providing them with an opportunity to talk openly with each other and with health care professionals about their disease and related concerns. Partners are invited. Free.

Contact: American Cancer Society at (801) 483-1500.

Prostate Cancer Support Group for Patients and Spouses

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Weekly. Please call for details.

Purpose: To increase understanding, diminish fear, encourage communication, and reinforce the concept that individuals can and do live well with prostate cancer. Patients and spouses meet in separate groups with licensed clinical social workers. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

ST GEORGE

Man to Man

American Cancer Society
567 S Valley View Dr #204
St George UT 84770

Meets: Third Wednesday of each month.

Purpose: To educate and support men facing prostate cancer by providing an opportunity to talk openly with each other and with health care professionals about their disease and related concerns. Free.

Contact: American Cancer Society at (435) 680-2127.

SARCOMA

STATEWIDE

Sarcoma Foundation of America-Utah Chapter

Meets: Please call for more information.

Purpose: To increase awareness and raise funds for sarcoma research.

Contact: Nancy Carter at (801) 776-6492.

WELLNESS AND SYMPTOM MANAGEMENT

BOUNTIFUL

Look Good...Feel Better

Sponsored by the American Cancer Society and the Utah Cancer Foundation

Utah Cancer Specialists Lakeview Campus

520 E Medical Dr Ste 340

Bountiful UT 84010

Meets: Second Friday of each month. Call to register.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat the appearance-related side effects of treatments.

Contact: Margaret at (801) 296-6665 or American Cancer Society at (801) 483-1500.

EMERY COUNTY

Look Good...Feel Better

Sponsored by the American Cancer Society

Southeastern Utah District Health Dept

45 W Main

Castle Dale UT 84513

Meets: Please call for dates and times and to register.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat the appearance-related side effects of treatments.

Contact: American Cancer Society toll free at (800) 234-0533.

FILLMORE

Look Good...Feel Better

Sponsored by the American Cancer Society

Fillmore Community Medical Center

674 S Highway 99

Fillmore UT 84631

- Meets:** Second Tuesday of each month. A reservation is required to attend.
- Purpose:** A free program that teaches beauty techniques to female cancer patients, helping them combat the appearance-related side effects of treatments.
- Contact:** American Cancer Society toll free at (800) 234-0533.

HEBER

Look Good...Feel Better

Sponsored by the American Cancer Society
Heber Valley Medical Center
 1485 S Highway 40
 Heber UT 84032

- Meets:** Second Thursday of each month. A reservation is required to attend.
- Purpose:** A free program that teaches beauty techniques to female cancer patients, helping them combat the appearance-related side effects of treatments.
- Contact:** American Cancer Society toll free at (800) 234-0533.

LAYTON

Acupuncture

Sponsored by the Utah Cancer Foundation
Utah Cancer Specialists Davis Campus
 1492 W Antelope Dr Ste 125
 Layton UT 84041

- Meets:** Please call for dates and times and to register.
- Purpose:** To decrease the side effects of chemotherapy such as nausea, fatigue, and soreness.
- Contact:** Utah Cancer Specialists Davis Campus at (801) 525-3022.

WELLNESS AND SYMPTOM MANAGEMENT, continued

LOGAN

Look Good...Feel Better

Sponsored by the American Cancer Society

Logan Regional Hospital

1400 N 550 E

Logan UT 84341

Meets: Third Wednesday of each month. A reservation is required to attend.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat appearance-related side effects of treatments.

Contact: American Cancer Society toll free at (800) 234-0533.

OGDEN

Look Good...Feel Better

Sponsored by the American Cancer Society

McKay-Dee Hospital

4401 Harrison Blvd

Ogden UT 84403

Meets: Third Thursday of each month. A reservation is required to attend.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat appearance-related side effects of treatments.

Contact: American Cancer Society at (801) 393-8657.

Ostomy Support Group

McKay-Dee Hospital

4401 Harrison Blvd

Ogden UT 84403

Meets: Third Wednesday of each month at 6 p.m. in the meeting room at the back of the café.

Purpose: This group hosts guest speakers and provides information and support to people with ostomies.

Contact: Ostomy Services at (801) 387-5146.

PRICE

Look Good...Feel Better

Sponsored by the American Cancer Society

Castleview Hospital

300 N Hospital Dr

Price UT 84501

Meets: Please call for dates and times and to register.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat appearance-related side effects of treatments.

Contact: American Cancer Society toll free at (800) 234-0533.

PROVO

Look Good...Feel Better

Sponsored by the American Cancer Society

Utah Valley Regional Medical Center

1034 N 500 W

Provo UT 84604

Meets: Third Thursday of each month. A reservation is required to attend.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat appearance-related side effects of treatments.

Contact: American Cancer Society toll free at (800) 234-0533.

WELLNESS AND SYMPTOM MANAGEMENT, continued

SALT LAKE CITY

Cancer Wellness Book Club

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Monthly. Call for dates and times.

Purpose: Open to everyone, this group discusses all types of books. It is helpful for individuals who prefer not to join a formal support group. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

Chronic Pain Support Group

Salt Lake County Complex

2001 S State St

Salt Lake City UT 84190

Meets: Second Monday monthly at 7 p.m.; room 3005.

Purpose: To provide support and understanding to people coping with chronic pain.

Contact: Vicki Janisch at (801) 278-3960.

Awaken Your Senses: Living Your Best Life with Cancer

Huntsman Cancer Institute

University of Utah

2000 Circle of Hope

Salt Lake City UT 84112-5550

Meets: Please call for more information and to register.

Purpose: This 10-week group helps patients with any type of cancer manage stress and improve quality of life; loved ones welcome.

Contact: Wellness Center at (801) 587-4585.

Guided Meditation

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Weekly. Please call for details.

Purpose: Learn to control breathing, aid relaxation, increase focus, and reduce stress. Facilitated by professionals. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

Healing Power of Hypnotherapy

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Please call for dates and times and to register.

Purpose: Simple techniques using the subconscious mind to reduce stress and anxiety.

Contact: Kathleen at (801) 281-6861.

LeBed Method

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Each Wednesday at 6 p.m. Call to register.

Purpose: Designed for breast cancer survivors, this therapeutic exercise and movement program increases range of motion and upper body movement and promotes positive self-image.

Contact: Kathleen at (801) 281-6861.

WELLNESS AND SYMPTOM MANAGEMENT, continued

SALT LAKE CITY, continued

Look Good...Feel Better

American Cancer Society

941 E 3300 S

Salt Lake City UT 84106

Meets: Second Monday of each month. A reservation is required to attend.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat appearance-related side effects of treatments.

Contact: American Cancer Society at (801) 483-1500.

Lymphedema Awareness

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Third Tuesday of each month at 6 p.m. Please call to register.

Purpose: Lymphedema therapist Nicole Kilgos, OTR/L, CLT provides patients and caregivers advice and education about managing lymphedema.

Contact: Kathleen at (801) 281-6861.

Lymphedema Support Group

Highland Outpatient Rehabilitation

4578 S Highland Dr #190

Holladay UT 84117

Meets: As needed. Please call for more information.

Purpose: To provide information and support to patients who have lymphedema and their loved ones.

Contact: Highland Outpatient Rehabilitation at
(801) 272-5008.

Massage Therapy

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Please call for dates and times and to register.

Purpose: Free 20-minute massages for patients undergoing chemotherapy or radiation and their caregivers.

Contact: Utah Cancer Specialists Cancer Center at
(801) 269-0231.

Nutrition Education

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Second Tuesday of each month at 10:30 a.m.
Please call to register.

Purpose: This class helps patients manage their nutrition during and after treatment.

Contact: Kathleen at (801) 281-6861.

WELLNESS AND SYMPTOM MANAGEMENT, continued

SALT LAKE CITY, continued

Outdoor Club

Cancer Wellness House

59 S 1100 E

Salt Lake City UT 84102

Meets: Monthly. Please call to join.

Purpose: Encourage healing through recreation and group interaction; explore new opportunities and skills through outdoor sports and indoor workshops.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11

Quality of Life Care

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Call for meeting times and dates and to register.

Purpose: Dr. Greg Miller addresses quality-of-life issues such as pain, fatigue, anxiety, and depression.

Contact: Kathleen at (801) 281-6861.

Reiki Therapy

Sponsored by the Utah Cancer Foundation

Utah Cancer Specialists Cancer Center

3838 S 700 E Ste 100

Salt Lake City UT 84106

Meets: Please call for dates and times and to register.

Purpose: Energy balancing and healing treatment sessions. Patients usually experience relaxation which may decrease anxiety and pain.

Contact: Kathleen at (801) 281-6861.

Therapeutic Massage

Cancer Wellness House
59 S 1100 E
Salt Lake City UT 84102

Meets: Weekly. Please call for dates and times.

Purpose: Cancer survivors and their caregivers are invited to a 30-minute chair or table massage. Therapists are trained in oncology massage. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

Therapeutic Touch

Cancer Wellness House
59 S 1100 E
Salt Lake City UT 84102

Meets: Monthly. Please call for dates and times.

Purpose: A scientifically based practice in which the practitioner uses the hands as a focus to promote relaxation and a sense of comfort and well-being. Facilitated by Rebecca Good, MA, RNC, ACRN, QTTT, LPC. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

Yoga

Cancer Wellness House
59 S 1100 E
Salt Lake City UT 84102

Meets: Weekly. Please call for dates and times.

Purpose: Increase flexibility, strengthen your cardiovascular system, and center your body and mind. Free.

Contact: Cancer Wellness House Program Office at (801) 236-2294, ext.11.

WELLNESS AND SYMPTOM MANAGEMENT, continued

SANPETE COUNTY

Look Good...Feel Better

Sponsored by the American Cancer Society

Sanpete Valley Hospital

1100 S Medical Dr

Mt Pleasant UT 84647

Meets: First Monday of each month. A reservation is required to attend.

Purpose: A free program that teaches beauty techniques to female cancer patients, helping them combat appearance-related side effects of treatments.

Contact: American Cancer Society toll free at (800) 234-0533.

ALL CANCERS**American Cancer Society (ACS)**

Toll free: (800) ACS-2345 (227-2345)

www.cancer.org

The ACS is a nationwide, community-based voluntary health organization dedicated to preventing cancer, saving lives from cancer, and diminishing the suffering from cancer. They provide a free, 24-hour cancer information line, website, and an online support community. Local chapters offer support groups and other services for cancer patients and their loved ones.

American Psychosocial Oncology Society (APOS)

Toll free: (866) 276-7443

www.apos-society.org

APOS offers a toll-free helpline that connects cancer patients and their caregivers to counseling services, psychiatrists, nurses, and social workers skilled in managing cancer-related distress.

Association of Cancer Online Resources (ACOR)

(212) 226-5525

www.acor.org

ACOR provides free online cancer resources and support groups for patients and their loved ones.

Cancer411.org

Toll free: (877) CANCR411 (226-2741)

www.cancer411.org

Cancer411 hosts message boards and webcasts, and provides a clinical trials locator and other resources on their website.

CancerCare

Toll free: (800) 813-HOPE (4673)

www.cancercare.org

CancerCare provides free professional support services to people whose lives are affected by cancer. They offer individual and group counseling, online and telephone support groups, financial assistance, and teleconferences.

ALL CANCERS, continued

Cancer Hope Network

Toll free: (877) HOPENET (467-3638)

www.cancerhopenetwork.org

The Cancer Hope Network matches patients and families with trained volunteers who have undergone a similar experience. Volunteers provide free, one-on-one support.

Cancer Information and Counseling Line (CICL)

A service of the AMC Cancer Research Center

Toll free: (800) 525-3777

www.amc.org

The AMC counseling line provides medical information, emotional support, and free short-term counseling to survivors, caregivers, family members, or anyone with cancer questions.

Gilda's Club Worldwide

Toll free: (888) GILDA-4-U (445-3248)

www.gildasclub.org

Gilda's Clubs throughout the United States provide social and emotional support to cancer patients and their loved ones through lectures, workshops, support groups, and special events.

Lance Armstrong Foundation—LIVESTRONG

Toll free: (866) 235-7205

www.livestrong.org

This foundation provides information and practical tools to help cancer survivors through active treatment and into survivorship.

National Cancer Institute (NCI) Cancer Information Service

TTY: (800) 332-8615

Toll free: (800) 4-CANCER (422-6237)

www.cancer.gov

NCI is the government agency that coordinates cancer research. Through their website and telephone and online resources, NCI offers cancer information, clinical trials listings, and brochures.

National Coalition for Cancer Survivorship (NCCS)

Toll free: (877) NCCS-YES (622-7937)

www.canceradvocacy.org

NCCS provides education and support to cancer survivors and their caregivers. They offer a free audio program, *The Cancer Survivor Toolbox*, and many online resources.

National Comprehensive Cancer Network (NCCN)

Toll free: (888) 909-NCCN (6226)

www.nccn.org

NCCN is an alliance of U.S. cancer centers. They develop cancer treatment guidelines for doctors and patients and have a physician referral directory.

People Living with Cancer

A service of the American Society of Clinical Oncology

Toll free: (888) 651-3038

www.plwc.org

People Living with Cancer provides information about cancer treatment, clinical trials, coping, and side effects as well as a Find an Oncologist database and online message boards.

Steps for Living

Toll free: (877) SFL-HOPE (735-4673)

www.stepsforliving.org

Steps for Living provides links to cancer survivor information and resources on using music and the arts as a way for survivors to express themselves. A listing of resources for young adults called *I'm Too Young for This!* is available on their website.

Vital Options International

Toll free: (800) GRP-ROOM (477-7666)

www.vitaloptions.org

Vital Options hosts The Group Room, a weekly call-in radio talk show where patients, survivors, family members, and physicians discuss cancer issues. It is broadcast every Sunday from 4 to 6 p.m. (ET) and a live simulcast is available online.

ALL CANCERS, continued

Wellness Community

Toll free: (888) 793-WELL (9355)

www.thewellnesscommunity.org

The Wellness Community offers support, educational materials, online support groups, and other resources to people with cancer.

BLADDER CANCER

Bladder Cancer Advocacy Network (BCAN)

(301) 469-6865

www.bcan.org

BCAN provides bladder cancer information, clinical trial listings, a quarterly online newsletter, and a weekly online chat room where survivors share their experiences.

Bladder Cancer Webcafé

www.blcwebcafe.org

This website provides treatment and survivorship information and resources for patients with bladder cancer.

BONE MARROW AND STEM CELL TRANSPLANT

Blood & Marrow Transplant Information Network (BMT InfoNet)

Toll free: (888) 597-7674

www.bmtinfonet.org

BMT InfoNet offers handbooks, newsletters, a volunteer network linking patients with survivors, and online resources for people facing bone marrow, stem cell, or cord blood transplants.

The Bone Marrow Foundation

Toll free: (800) 365-1336

www.bonemarrow.org

The Bone Marrow Foundation provides financial aid, education, and emotional support to transplant patients and their families.

National Bone Marrow Transplant Link (nbmtLINK)

Toll free: (800) LINK-BMT (546-5268)

www.nbmtlink.org

nbmtLink provides information, advocacy, referrals, books, and resource guides about bone marrow and stem cell transplants.

National Marrow Donor Program (NMDP)

Toll free: (800) MARROW-2 (627-7692)

www.marrow.org

NMDP compiles a registry of bone marrow donors, provides information about marrow donation and transplants, offers patient advocacy, and organizes recruitment drives for donors.

BRAIN TUMORS

American Brain Tumor Association (ABTA)

Toll free: (800) 886-2282

www.abta.org

ABTA offers brain tumor information, support, a pen pal program, a newsletter, and information about treatment facilities.

The Brain Tumor Foundation (BTF)

(212) 265-2401

www.braintumorfoundation.org

BTF offers support groups, medical referrals, peer matching programs, and an annual conference.

The Brain Tumor Society

Toll free: (800) 770-TBTS (8287)

www.tbts.org

The Brain Tumor Society provides support and education to brain tumor patients and their families. Their network of survivors and loved ones provides information and support by phone and through e-mail.

BRAIN TUMORS, continued

Children's Brain Tumor Foundation (CBTF)

Toll free: (866) 228-HOPE (4673)

www.cbtf.org

CBTF funds basic research on pediatric brain tumors. They offer a parent-to-parent support network, telephone support groups, a newsletter, and a toll-free patient support line.

National Brain Tumor Foundation (NBTF)

Toll free: (800) 934-CURE (2873)

www.braintumor.org

NBTF provides information, support, and counseling for brain tumor patients and their families. They offer a newsletter, a patient-to-patient e-mail network, and a patient help fund.

BREAST CANCER

Breastcancer.org

www.breastcancer.org

The breastcancer.org website hosts monthly Ask the Expert conferences and has information about all aspects of breast cancer, including prevention, treatment, recovery, and research.

Facing Our Risk of Cancer Empowered (FORCE)

Toll free: (866) 824-RISK (7475)

www.facingourrisk.org

FORCE offers women with a family history of breast cancer and those with a BRCA mutation a toll-free helpline, message boards, and genetic testing and cancer risk reduction information.

Inflammatory Breast Cancer Research Foundation

Toll free: (877) STOP-IBC (786-7422)

www.ibcresearch.org

This foundation provides information, support, and online discussion groups for women diagnosed with, or concerned about, inflammatory breast cancer.

Living Beyond Breast Cancer (LBBC)

Toll free: (888) 753-LBBC (5222)

www.lbbsc.org

LBBC provides resources and support for people affected by breast cancer. They host teleconferences and a survivors' helpline where callers speak to trained volunteers who have also been affected by breast cancer.

National Breast Cancer Coalition (NBCC)

Toll free: (800) 622-2838

www.natlbcc.org

NBCC is a group that focuses on research, advocacy, and access to treatment and clinical trials for all women with breast cancer.

Susan G. Komen for the Cure

Toll free: (800) I'M-AWARE (462-9273)

www.komen.org

Susan G. Komen for the Cure offers a toll-free helpline and online breast cancer information. They raise funds for breast cancer research through events such as Race for the Cure.

Y-ME National Breast Cancer Organization (Y-ME)

Toll free: (800) 221-2141

www.y-me.org

Y-ME offers brochures, a newsletter, and 24-hour hotlines staffed by volunteers and counselors who have had breast cancer (male callers can request a male counselor).

Young Survival Coalition (YSC)

(646) 257-3000

www.youngsurvival.org

YSC is dedicated to the concerns and issues unique to young women with breast cancer. They provide information and advocacy and sponsor a yearly conference.

CHILDHOOD CANCER

Candlelighters Childhood Cancer Foundation

Toll free: (800) 366-CCCF (2223)

www.candlelighters.org

Candlelighters affiliates across the country provide advocacy, newsletters, support groups, and activities for families.

Children's Brain Tumor Foundation (CBTF)

Toll free: (866) 228-HOPE (4673)

www.cbtf.org

CBTF funds basic research for pediatric brain tumors. They offer a parent-to-parent support network, telephone support groups, a newsletter, and a toll-free patient support line.

Children's Cancer Association (CCA)

(503) 244-3141

www.childrenscancerassociation.org

CCA provides services to children with cancer and their families, including a national resource directory; *Music Rx* and *Chemo Pal* programs for children in the hospital; and the *Dreamcatcher* wish granting program.

CureSearch

Toll free: (800) 458-6223

www.curesearch.org

CureSearch provides information to patients, families, and health professionals about childhood cancer. They also conduct and fund research and clinical trials.

National Children's Cancer Society

Toll free: (800) 5-FAMILY (532-6459)

www.nationalchildrenscancersociety.com

This society provides direct financial assistance, online support, and educational materials for families of children with cancer.

Starlight Starbright Children's Foundation

Toll free: (800) 315-2580

www.slsb.org

The Starlight Starbright Children's Foundation helps seriously ill children and adolescents cope with psychosocial and medical challenges. They offer free online, in-hospital, outpatient, school, and home-based programs and services.

Teens Living With Cancer

www.teenslivingwithcancer.org

This website for teenagers with cancer provides information, an online peer support group, and message boards.

CLINICAL TRIALS

Clinical trials are research studies designed to improve cancer treatment. Your doctor and the resources listed here can help you find clinical trials. You may find additional trials by calling cancer centers. The Huntsman Cancer Information Service can also help in your search. *Please call toll free (888) 424-2100.*

Coalition of Cancer Cooperative Groups

Toll free: (877) 520-4457

www.cancertrialshelp.org

This network of cancer clinical trials specialists provides information and a clinical trials search tool.

EmergingMed

Toll free: (877) 601-8601

www.emergingmed.com

EmergingMed is a free clinical trial matching and referral service.

National Cancer Institute (NCI) Clinical Trials Listing

TTY: (800) 332-8615

Toll free: (800) 4-CANCER (422-6237)

www.cancer.gov/clinicaltrials

www.clinicaltrials.gov

NCI provides a search tool, brochures, and information about clinical trials. They also provide links to articles that report the results of clinical trials.

COLON AND RECTAL CANCER

Colon Cancer Alliance (CCA)

Toll free: (877) 422-2030

www.ccalliance.org

CCA provides information, a newsletter, and a network for colon and rectal cancer survivors, caregivers, people with a genetic predisposition to the disease, and other individuals touched by colorectal cancer.

Colorectal Cancer Coalition (C3)

(202) 244-2906

www.c-three.org

C3 provides information about colon cancer prevention, research, clinical trials, treatment, and advocacy.

Colorectal Cancer Network

(301) 879-1500

www.colorectal-cancer.net

This network hosts support groups, listservs, and chat rooms, and connects newly diagnosed patients with long-term survivors.

COMPLEMENTARY AND ALTERNATIVE MEDICINE

Complementary and Alternative Medicine (CAM) refers to treatments or products that are not currently regarded as standard medical care. The following resources provide information about CAM. Many of the national cancer organizations listed in this guide also provide information about CAM.

Complementary/Integrative Medicine Education Resources (CIMER)

A service of M.D. Anderson Cancer Center

Toll free: (877) 632-6789

www.mdanderson.org/departments/CIMER

CIMER provides information for patients and doctors on CAM therapies and drug interactions.

Herbs, Botanicals, and Other Products

A service of Memorial Sloan-Kettering Cancer Center

www.mskcc.org/mskcc/html/11570.cfm

This website provides evidence-based information about herbs, botanicals, supplements, and CAM therapies.

MedlinePlus

A service of the National Library of Medicine and National Institutes of Health

www.medlineplus.gov

The MedlinePlus website provides information about CAM and peer-reviewed monographs on various herbs and supplements.

National Cancer Institute Office of Cancer Complementary and Alternative Medicine (OCCAM)

www.cancer.gov/cam

OCCAM provides news about CAM and details about research studies, and maintains a list of cancer centers that offer CAM.

National Center for Complementary and Alternative Medicine (NCCAM)

TTY: (866) 464-3615

Toll free: (888) NIH-NCAM (644-6226)

<http://nccam.nih.gov>

NCCAM provides research funding and information about CAM to health care providers and the public. Fact sheets and publications are available on their website, by calling their telephone service, or through online chats.

FOR FAMILY AND FRIENDS

Family Caregiver Alliance (FCA)

Toll free: (800) 445-8106

www.caregiver.org

FCA provides information, services, and advocacy to loved ones caring for people with a chronic or disabling condition. They publish a newsletter, provide fact sheets, and host an online discussion group.

Lotsa Helping Hands

www.lotsahelpinghands.com

Lotsa Helping Hands is a free, online tool that creates group calendars for family and friends organizing help for loved ones with a serious illness. Users are notified by e-mail about the patient's needs and can volunteer to help.

Kids Konnected

Toll free: (800) 899-2866

www.kidskonnected.org

Kids Konnected supports children who have a parent with cancer or who have lost a parent to cancer. They provide a 24-hour hotline, support groups, online chat rooms, newsletters, and summer camps.

National Alliance for Caregiving

(301) 718-8444

www.caregiving.org

The National Alliance for Caregiving provides information and educational brochures.

National Family Caregivers Association

Toll free: (800) 896-3650

www.thefamilycaregiver.org

This association provides information and support for caregivers, including educational materials, a newsletter, and an online peer bulletin board.

Supersibs!

Toll free: (866) 444-SIBS (7427)

www.supersibs.org

Supersibs! supports and informs children whose brothers or sisters have cancer. They offer chat rooms, journals, booklets, newsletters, and a scholarship program.

Well Spouse Association

Toll free: (800) 838-0879

www.wellspouse.org

The Well Spouse Association serves the wives, husbands, and partners of the chronically ill. They provide support groups, publish a newsletter, and host an online chat forum.

GYNECOLOGIC CANCERS

EyesOnThePrize.org

www.eyesontheprize.org

EyesOnThePrize.org provides information and functions as an online support group for women with gynecologic cancers, their families and friends, and health care providers.

Facing Our Risk of Cancer Empowered (FORCE)

Toll free: (866) 824-RISK (7475)

www.facingourrisk.org

FORCE offers women with a family history of ovarian cancer and those with a BRCA mutation a toll-free helpline, message boards, and genetic testing and cancer risk reduction information.

National Cervical Cancer Coalition (NCCC)

Toll free: (800) 685-5531

www.nccc-online.org

NCCC provides information about cervical cancer prevention, screening, and treatment. They host phone pals and e-pals support programs, print newsletters, and sponsor conferences.

GYNECOLOGIC CANCERS, continued

National Ovarian Cancer Coalition (NOCC)

Toll free: (888) OVARIAN (682-7426)

www.ovarian.org

NOCC offers a toll-free telephone service and promotes patient advocacy, support, and education.

Ovarian Cancer National Alliance

(202) 331-1332

www.ovariancancer.org

The Ovarian Cancer National Alliance distributes educational materials, sponsors an annual conference, and advocates for ovarian cancer research.

Women's Cancer Network (WCN)

Toll free: (800) 444-4441

www.wcn.org

WCN provides information about gynecological cancers and makes referrals to cancer specialists.

KIDNEY CANCER

American Kidney Fund

Toll free: (800) 638-8299

www.akfinc.org

The American Kidney Fund serves people with and at risk for kidney disease through direct financial assistance, education, clinical research, and community service programs.

Kidney Cancer Association (KCA)

Toll free: (800) 850-9132

www.curekidneycancer.org

KCA offers information about kidney cancer treatment, clinical trials, and research as well as a nurse hotline, a free newsletter, and a chat room.

LEUKEMIA, LYMPHOMA, AND MYELOMA

Aplastic Anemia and MDS International Foundation, Inc.

Toll free: (800) 747- 2820

www.aamds.org

This organization provides information and support to those with myelodysplastic syndromes (MDS) and bone marrow diseases.

International Myeloma Foundation (IMF)

Toll free: (800) 452-CURE (2873)

www.myeloma.org

IMF provides treatment information through a toll-free hotline, packets, seminars, conferences, and a newsletter.

The Leukemia & Lymphoma Society (LLS)

Toll free: (800) 955-4572

www.lls.org

The LLS helps patients and families through support groups, education, a toll-free phone service, and financial assistance.

Lymphoma Foundation of America

Toll free: (800) 385-1060

www.lymphomahelp.org

This foundation offers peer counseling, support, referrals for legal advice and second opinions, and treatment information.

Lymphoma Research Foundation (LRF)

Toll free: (800) 500-9976

www.lymphoma.org

LRF provides funding for research and offers brochures, a patient-to-patient support program, a newsletter, a patient aid grant program, and clinical trials information.

Multiple Myeloma Research Foundation (MMRF)

(203) 972-1250

www.multiplemyeloma.org

MMRF funds research and offers services, information, and advocacy for patients.

LUNG CANCER

Lung Cancer Alliance

Toll free: (800) 298-2436

www.lungcanceralliance.org

The Lung Cancer Alliance provides information and support to patients with and at risk for lung cancer. They offer a lung cancer hotline, a peer-to-peer support program, and a quarterly newsletter.

Lung Cancer Online Foundation (LCOF)

www.lungcanceronline.org

LCOF's website is a directory of Internet information and lung cancer resources for patients and families.

Lungcancer.org

A service of CancerCare

Toll free: (877) 646-LUNG (5864)

www.lungcancer.org

The lungcancer.org website and toll-free information line provide information and support to patients, families, and health professionals dealing with lung cancer.

National Lung Cancer Partnership

(608) 233-7905

www.nationallungcancerpartnership.org

The National Lung Cancer Partnership advocates for lung cancer awareness and research. They provide information about lung cancer for patients and health professionals.

MELANOMA

American Academy of Dermatology (AAD)

(847) 330-0230

www.aad.org

AAD's website and educational materials provide information about melanoma prevention and treatment as well as resources for locating local dermatologists and skin cancer screenings.

American Melanoma Foundation (AMF)

(619) 448-0991

www.melanomafoundation.org

AMF runs melanoma support groups in several U.S. cities and provides information about melanoma treatment and prevention.

Melanoma Center

www.melanomacenter.org

This website has links to sources of support and information about melanoma diagnosis and treatment written by U.S. doctors.

Melanoma International Foundation

(866) 463-6663

www.melanomaintl.org

This foundation works to create effective melanoma prevention and treatment programs. They offer information about melanoma and a toll-free patient hotline.

The Melanoma Research Foundation (MRF)

Toll free: (800) MRF-1290 (673-1290)

www.melanoma.org

MRF funds grants to top melanoma researchers, publishes a newsletter, and sponsors symposiums about the latest research.

The Skin Cancer Foundation

Toll free: (800) SKIN-490 (754-6490)

www.skincancer.org

This foundation holds educational programs and raises money to fund skin cancer research. Their website and materials provide information about melanoma prevention and treatment.

MESOTHELIOMA

Mesothelioma Applied Research Foundation (MARF)

(877) END-MESO (363-6376)

www.marf.org

MARF funds mesothelioma research and provides information, advocacy, and an online support community for mesothelioma patients and their families.

Mesothelioma Research Foundation of America

Toll free: (800) 909-MESO (6376)

www.mesorfa.org

The Mesothelioma Research Foundation of America provides funding for research and offers information about asbestos exposure and the treatment of mesothelioma.

ORAL, HEAD, AND NECK CANCER

International Association of Laryngectomees (IAL)

Toll free: (866) 831-8525

www.larynxlink.com

IAL provides resources, referrals, and support to patients who have had or will have a laryngectomy.

Let's Face It

www.dent.umich.edu/faceit

Let's Face It links people with facial disfigurement and all who care for them to resources, information, and support.

Oral Cancer Foundation

www.oralcancerfoundation.org

The Oral Cancer Foundation provides information about oral cancer risk factors, treatment, research, and current news. They also host a patient/survivor forum.

Support for People with Oral and Head and Neck Cancer (SPOHNC)

Toll free: (800) 377-0928

www.spohnc.org

SPOHNC offers a survivor-to-survivor network, a newsletter, information, and educational materials.

The Yul Brynner Head and Neck Foundation

(843) 792-6624

www.headandneck.org

This organization hosts an online forum, organizes support groups, and sponsors Head and Neck Cancer Awareness Week.

PANCREATIC CANCER

Pancreatic Cancer Action Network (PanCAN)

Toll free: (877) 2-PANCAN (272-6226)

www.pancan.org

PanCAN provides pancreatic cancer information, brochures, a toll-free phone hotline, patient-to-patient and caregiver support networks, and regional advocacy groups called Team Hope.

Pancreatica.org

(831) 658-0600

www.pancreatica.org

The pancreatica.org website answers frequently asked questions about pancreatic cancer, contains a clinical trials database, and provides users with research and news articles.

PROSTATE CANCER

National Prostate Cancer Coalition (NPCC)

Toll free: (888) 245-9455

www.fightprostatecancer.org

NPCC offers information about prostate cancer screening, prevention, treatment, and research. They sponsor screening events and publish weekly online newsletters.

Prostate Cancer Foundation

Toll free: (800) 757-CURE (2873)

www.prostatecancerfoundation.org

This foundation funds research and provides information, educational materials, and a newsletter. They also sponsor national advocacy and fundraising events.

US TOO! International

Toll free: (800) 80-US TOO (808-7866)

www.ustoo.org

This network of support groups for men with prostate cancer and their families offers a toll-free support line, newsletters, web-based communities, and information about treatment.

RARE CANCERS

National Organization for Rare Disorders (NORD)

TDD: (203) 797-9590

Toll free: (800) 999-6673

www.rarediseases.org

NORD offers support through a newsletter, an information database, and medication assistance and networking programs.

Office of Rare Diseases National Institutes of Health

TTY: (888) 205-3223

Toll free: (888) 205-2311

<http://rarediseases.info.nih.gov>

This office answers questions and provides information about research findings, clinical trials, and patient support groups.

SARCOMA

The Liddy Shriver Sarcoma Initiative

(914) 762-3251

www.liddyshriversarcomainitiative.org

The Liddy Shriver Sarcoma Initiative raises research funds and provides information about various types of sarcoma.

Sarcoma Alliance

(415) 381-7236

www.sarcomaalliance.org

The Sarcoma Alliance provides guidance, education, and support for individuals with sarcoma and their loved ones.

Sarcoma Foundation of America

(301) 253-8687

www.curesarcoma.org

This foundation raises awareness and funds for research. They provide information about sarcoma, host online forums, and sponsor state chapters.

SKIN CANCER

American Academy of Dermatology (AAD)

(847) 330-0230

www.aad.org

AAD's website and educational materials provide information about skin cancer prevention and treatment as well as resources for locating local dermatologists and skin cancer screenings.

Skin Cancer Foundation

Toll free: (800) SKIN-490 (754-6490)

www.skincancer.org

This foundation conducts educational programs and raises funds for skin cancer research. Their website and educational materials provide information about skin cancer prevention and treatment.

TESTICULAR CANCER

Testicular Cancer Resource Center

<http://tcrc.acor.org>

The Testicular Cancer Resource Center provides information about all aspects of testicular cancer, including treatment, side effects, fertility, and survivorship. This site also hosts an e-mail support group.

THYROID CANCER

Thyroid Cancer Survivors' Association, Inc. (ThyCa)

Toll free: (877) 588-7904

www.thyca.org

ThyCa provides information about thyroid cancer as well as online support groups, a person-to-person network, conferences and workshops for patients, and a newsletter.

WELLNESS AND SYMPTOM MANAGEMENT

American Anaplastology Association (AAA)

(916) 726-2910

www.anaplastology.org

Anaplastologists use prosthetic materials to restore noses, eyes, ears, or entire sections of the face to cover facial deformities or absences. AAA provides information about anaplastology and prosthetics as well as a list of anaplastologists in various states.

American Chronic Pain Association (ACPA)

Toll free: (800) 533-3231

www.theacpa.org

ACPA provides information and support to those coping with chronic pain, including pain caused by neuropathy. They publish a newsletter and have information about local support groups.

American Institute for Cancer Research (AICR)

Toll free: (800) 843-8114

www.aicr.org

AICR's website, phone line, and brochures provide information about cancer prevention and eating during and after treatment. Registered dietitians answer questions online and by phone.

American Pain Foundation

Toll free: (888) 615-PAIN (7246)

www.painfoundation.org

This foundation provides pain management information, hosts online support groups, and publishes newsletters.

Cancer-Pain.org

A service of Association of Cancer Online Resources

www.cancer-pain.org

This website provides information about cancer pain, hosts interactive discussion groups, and helps patients and doctors with pain management decision making.

CancerSymptoms.org

A service of the Oncology Nursing Society

www.cancersymptoms.org

This website provides information about common cancer treatment symptoms such as fatigue, pain, and depression.

Erectile Dysfunction Information Center

(952) 852-5560

www.erectile-dysfunction-treatment.org

The Erectile Dysfunction Information Center provides information to men and their partners.

Fertile Hope

Toll free: (888) 994-HOPE (4673)

www.fertilehope.org

Fertile Hope provides information and support to cancer patients whose treatments present the risk of infertility. They offer brochures, provider referrals, and a financial assistance program.

WELLNESS AND SYMPTOM MANAGEMENT, continued

Look Good...Feel Better

Toll free: (800) 395-LOOK (5665)

www.lookgoodfeelbetter.org

This program provides free tips and information to help patients cope with appearance-related changes from cancer treatment. Makeover tips are available online, by phone, and through classes taught throughout the United States.

National Lymphedema Network (NLN)

Toll free: (800) 541-3259

www.lymphnet.org

NLN offers lymphedema information, a newsletter, yearly conferences, and referrals to lymphedema treatment centers, health care providers, and support groups.

The Neuropathy Association

(212) 692-0662

www.neuropathy.org

The Neuropathy Association sponsors research and provides information and support to people with neuropathy. Information and a newsletter are available to people who join for a fee.

United Ostomy Associations of America, Inc.

Toll free: (800) 826-0826

www.uoaa.org

UOAA is a national network of ostomy support groups. They offer listings of local support groups, online discussion and chat rooms, and a magazine.

211 Info Bank

Toll free: Dial 211 or (888) 826-9790

www.informationandreferral.org

This service offers referrals to emergency food pantries, rental assistance, public health clinics, child care, support groups, and legal aid provided by nonprofit and governmental agencies.

Access Utah Network

155 S 300 W Ste 100

Salt Lake City UT 84101

Toll free: (800) 333-8824

www.accessut.org

This service offers statewide information and referrals for people with disabilities and a list of used equipment for sale or donation.

Aging and Adult Services

Toll free: (877) 4-AGING (424-4640)

www.hsdaas.utah.gov

www.utahagingservices.org

These departments throughout Utah provide services for people over 60, including Meals on Wheels, transportation, and caregiver and employment programs. For information, contact your county government office.

American Cancer Society (ACS) Learning and Wellness Center

941 E 3300 S

Salt Lake City UT 84106

(801) 483-1500

Toll free: (800) 234-0533

www.cancer.org

This center offers free wigs, hats, and scarves as well as free financial resource packets to cancer patients. Office hours are Monday to Friday, 8:30 a.m.-5 p.m. Call for other Utah locations.

The Cancer Crusaders Organization

(801) 863-6351

www.skincancerribbon.org

This organization provides sun protection products and materials to high-risk melanoma patients from lower income households.

Children's Health Insurance Program (CHIP)

Toll free: (877) KIDS-NOW (543-7669)

www.utahchip.org

CHIP is a state health insurance plan for children. Eligible families without insurance can apply during open enrollment.

Community Clinics

Many clinics in Utah provide basic health care services to people who have little or no health insurance. For more information, please call 211 or call the Huntsman Cancer Information Service toll free at (888) 424-2100.

Disability Law Centers

(Locations in Salt Lake, American Fork, and Cedar City)

TTY: (800) 550-4182

Toll free: (800) 662-9080

www.disabilitylawcenter.org

These centers provide individuals with disabilities free help, information, referral, and advocacy about disability law issues.

Financial Counselors

Most hospitals and treatment centers have counselors who can help with financial and insurance concerns. Contact your treatment facility for more information.

Fundraising

Fundraising is one way to cover the costs of cancer treatment. The organizations in this guide and local libraries are good places to find fundraising information.

Health Access Project (HAP)

(801) 412-3980

www.healthaccessproject.org

HAP works with a volunteer provider network to offer health care to low-income, uninsured residents of Salt Lake County.

HEAT (Home Energy Assistance Target)

Toll free: (877) 488-3233

http://community.utah.gov/housing_and_community_development/SEAL/HEAT_program

The HEAT program provides help with winter utility bills to low-income households. For more information, please call or visit the HEAT website.

HIPUtah (Utah Comprehensive Health Insurance Pool)

Toll free: (800) 705-9173

www.selecthealth.org

HIPUtah provides coverage for eligible Utah residents with serious medical conditions who are considered too high-risk to qualify for private health insurance.

The Leukemia & Lymphoma Society (LLS) Utah Chapter

180 S 300 W Ste 260

Salt Lake City UT 84101

(801) 519-6600

Toll free: (877) 243-8908

www.lls.org

The LLS patient financial aid program offers up to \$500 per year for costs associated with transportation, drugs, and treatment for those suffering from blood-related cancers.

Make-A-Wish Foundation of Utah

771 E Winchester

Murray UT 84107

(801) 262-9474

www.makeawishutah.org

The Make-A-Wish Foundation grants a special wish for children age 18 or younger who have a life-threatening illness.

Medicaid

Toll free: (800) 662-9651

www.health.utah.gov/medicaid

Medicaid is a health insurance program for uninsured Utah residents who cannot afford the costs of health care. For more information and eligibility requirements, call or visit the website.

Needs Beyond Medicine

Utah Breast Cancer Taskforce

(801) 296-7177

www.utahbreastcancertaskforce.com

This service provides up to \$250 to women and men diagnosed with breast cancer. Funding is available to cover costs not met by insurance or other community resources.

REACH Utility Assistance Program

Greater Salt Lake Area Chapter of the American Red Cross

Toll free: (800) 328-9272

www.utahredcross.org

REACH provides emergency assistance to people who are having difficulty paying their utility bills.

Religious Organizations

Many churches and religious organizations provide financial assistance. Consult your local religious leader for information.

RxConnect Utah

Toll free: (866) 221-0265

www.health.utah.gov/rxconnectutah

This service links Utahns to drug discount cards and assistance programs to help pay for prescription medications.

Social Workers

Social workers at your treatment facility can help you find and apply for financial aid programs and services. Contact your facility's social work office for more information.

Utah Cancer Control Program (UCCP)

Breast and Cervical Screening Programs

Toll free: (800) 717-1811

www.utahcancer.org

UCCP offers free or low-cost breast and cervical screening to eligible women. It also provides Medicaid information to women with breast or cervical cancer who cannot afford treatment costs.

Utah Cares

www.utahcares.utah.gov

This website lists housing, childcare, transportation, food, and financial assistance services.

Utah Insurance Department

TDD: (801) 538-3826

Toll free: (800) 439-3805

www.insurance.utah.gov

The Utah Insurance Department answers questions and provides free help with insurance problems.

Utah Legal Services

(Locations in Salt Lake, Provo, Ogden, and Cedar City)

Toll free: (800) 662-4245

www.andjusticeforall.org/uls

Utah Legal Services provides legal services to low-income individuals and referrals to free legal clinics throughout the state.

Utah's Premium Partnership for Health Insurance (UPP)

Toll free: (888) 222-2542

<http://health.utah.gov/upp>

UPP helps pay monthly health insurance premiums for eligible Utahns with access to health insurance through their employer.

Utah State Bar

(801) 531-9077

www.utahbar.org/public

The Utah State Bar provides information about free legal services available throughout the state.

AARP

Toll free: (888) OUR-AARP (687-2277)

www.aarp.org

AARP provides discounts on many services for people 50 years and older who pay a membership fee.

American Kidney Fund (AKF)

Toll free: (800) 638-8299

www.akfinc.org

AKF provides financial assistance to patients with kidney cancer.

BenefitsCheckUp

A service of the National Council on Aging

www.benefitscheckup.org

The BenefitsCheckUp website links people over age 55 to programs that help pay for medications, health care, rent, utilities, and other essential items and services.

Blood & Marrow Transplant Information Network (BMT InfoNet)

Toll free: (888) 597-7674

www.bmtinfonet.org

BMT InfoNet provides referrals to nonprofit organizations and attorneys who can help patients resolve insurance disputes and get insurance coverage for bone marrow transplants.

The Bone Marrow Foundation

Toll free: (800) 365-1336

www.bonemarrow.org

This foundation's patient aid program covers the cost of donor searches, compatibility testing, medication, transportation, housing expenses, and other transplant costs.

CancerCare

Toll free: (800) 813-HOPE (4673)

www.cancercare.org

CancerCare provides financial grants to people who need help paying for cancer treatment. Grants cover medication, home care, transportation, and other treatment-related costs.

Cancer Legal Resource Center

A service of the Disability Rights Legal Center

TTY: (213) 736-8310

Toll free: (866) 843-2572

www.disabilityrightslegalcenter.org

The Cancer Legal Resource Center provides free information and advice about cancer-related legal issues.

Children's Organ Transplant Association (COTA)

Toll free: (800) 366-2682

www.cota.org

COTA provides fundraising assistance to families of children who are in need of a bone marrow or organ transplant.

Chronic Disease Fund, Inc.

Toll free: (877) 968-7233

www.cdfund.org

The Chronic Disease Fund provides financial assistance to under-insured patients diagnosed with multiple myeloma or myelodysplastic syndrome who require expensive medications.

Dream Foundation

(805) 564-2131

www.dreamfoundation.org

The Dream Foundation grants wishes to patients over age 18 whose life expectancy is one year or less.

Eldercare Locator

Toll free: (800) 677-1116

www.eldercare.gov

Eldercare Locator connects older Americans and their caregivers with local agencies and organizations that provide services.

ENCORE^{plus}

A service of the YWCA

www.ywca.org

ENCORE^{plus} provides breast and cervical cancer education and referrals to free, low-cost screening exams.

Fairygodmother Foundation

(773) 388-1160

www.fairygodmother.org

The Fairygodmother Foundation grants wishes for people over age 18 who have a terminal illness.

Fertile Hope

Toll free: (888) 994-HOPE (4673)

www.fertilehope.org

Fertile Hope's sharing hope program offers reduced-cost sperm banking, fertility medications, and embryo and egg freezing procedures for men and women with certain cancers.

Financial Counselors

Most hospitals and treatment centers have financial counselors who can help with financial and insurance concerns. Contact your treatment facility for more information.

Fundraising

Fundraising is one way to cover the costs of cancer treatment. The organizations in this guide and your local libraries are good places to find fundraising information.

GovBenefits.gov

Toll free: (800) FED-INFO (333-4636)

www.govbenefits.gov

This program links people to government benefits and provides information about how to apply for those benefits.

The Healthwell Foundation

Toll free: (800) 675-8416

www.healthwellfoundation.org

This foundation provides assistance to those who cannot afford insurance co-payments, premiums, or other health care costs.

Hill-Burton Free Care Program

Toll free: (800) 638-0742

www.hrsa.gov/hillburton

This program requires several U.S. medical facilities to provide free or low-cost care to eligible patients.

Income Tax Deductions

www.irs.gov

Some medical costs not covered by insurance are tax deductible. Contact your IRS office or a tax consultant for information.

LawHelp

www.lawhelp.org

LawHelp answers questions about legal rights and provides information about free legal aid programs in the United States.

The Leukemia & Lymphoma Society (LLS)

Toll free: (800) 955-4572

www.lls.org

The LLS financial aid program offers people with blood-related cancers up to \$500 a year for drugs, travel, and treatment costs.

Limbs for Life

Toll free: (888) 235-5174

www.limbsforlife.org

Limbs for Life provides funding for prosthetics and prosthetic care for individuals who cannot otherwise afford it.

LIVESTRONG SurvivorCare

Toll free: (866) 235-7205

www.livestrong.org/survivorcare

The LIVESTRONG SurvivorCare program offers help with financial, employment, and insurance issues.

Lymphoma Research Foundation (LRF)

Toll free: (800) 500-9976

www.lymphoma.org

LRF offers up to \$500 per year to lymphoma patients who have quality-of-life expenses not covered by insurance.

Make-A-Wish Foundation

Toll free: (800) 722-WISH (9474)

www.wish.org

The Make-A-Wish Foundation grants a special wish for children age 18 or younger who have a life-threatening illness.

Making Memories Breast Cancer Foundation

(503) 829-4486

www.makingmemories.org

This program grants wishes to patients with metastatic breast cancer so they may create lasting memories with loved ones.

Medicare

Toll free: (800) MEDICARE (633-4227)

www.medicare.gov

This government insurance program is for individuals who are age 65 or older and for individuals with permanent disabilities.

National Association for the Terminally Ill (NATI)

Toll free: (888) 847-0390

www.terminallyill.org

NATI offers financial aid to children and families of people suffering from a terminal illness.

National Brain Tumor Foundation (NBTF)

Toll free: (800) 934-CURE (2873)

www.braintumor.org

NBTF's patient help fund provides \$1,000 grants to brain tumor patients who need help paying for treatment-related expenses at 15 partner hospitals across the United States.

National Breast and Cervical Early Detection Program (NBCCEDP)

TTY: (888) 232-6348

Toll free: (800) CDC-INFO (232-4636)

www.cdc.gov/cancer/nbccedp

NBCCEDP provides free or low-cost breast and cervical screening to women who meet age and income guidelines.

National Children's Cancer Society

Toll free: (800) 5-FAMILY (532-6459)

www.nationalchildrenscancersociety.com

The National Children's Cancer Society provides financial assistance related to treatment expenses for children with cancer.

National Foundation for Transplants (NFT)

Toll free: (800) 489-3863

www.transplants.org

NFT provides fundraising assistance and advocacy for transplant patients and their families.

National Insurance Consumer Help Line

Toll free: (800) 942-4242

The National Insurance Consumer Help Line responds to questions and provides help with insurance problems.

National Organization for Rare Disorders (NORD)

TDD: (203) 797-9590

Toll free: (800) 999-6673

www.rarediseases.org

NORD's assistance programs help uninsured or under-insured individuals with rare diseases pay for needed medications.

NeedyMeds

www.needymeds.com

NeedyMeds provides information about programs that help patients with the costs of their prescription medications.

Partnership for Prescription Assistance

Toll free: (888) 4PPA-NOW (477-2669)

www.pparx.org

This program helps patients get the medicines they need through public or private assistance programs.

Patient Access Network Foundation

Toll free: (866) 316-PANF (7263)

www.patientaccessnetwork.org

This foundation provides financial support for out-of-pocket medication costs to treat several types of cancer.

Patient Advocate Foundation

Toll free: (800) 532-5274

www.patientadvocate.org

Co-Pay Relief Program

Toll free: (866) 512-3861

www.copays.org

This foundation helps with insurance, job retention, and debt issues. Their co-pay relief program provides financial assistance to insured patients with certain cancers.

Patient Services Inc. (PSI)

Toll free: (800) 366-7741

www.uneedpsi.org

PSI subsidizes health insurance premiums and pharmacy co-payments for people with rare disorders and some cancers.

Religious Organizations

Many churches and religious organizations provide financial assistance. Consult your local religious leader for information.

Social Security Administration

TTY: (800) 325-0778

Toll free: (800) 772-1213

www.ssa.gov

The Social Security Administration provides supplemental income and disability benefits to those who meet certain criteria.

Social Workers

Social workers at your treatment facility can help you find and apply for financial aid programs and services. Contact your facility's social work office for more information.

State Children's Health Insurance Program (SCHIP)

Toll free: (877) KIDS-NOW (543-7669)

www.insurekidsnow.gov

SCHIP offers low-cost or free health insurance to uninsured infants, children, and teens.

Sunshine Foundation

(215) 396-4770

www.sunshinefoundation.org

The Sunshine Foundation grants wishes for children who are physically challenged, are seriously ill, or have been abused.

Together Rx Access

Toll free: (800) 444-4106

www.togetherryxaccess.com

Together Rx Access offers a free discount card to U.S. residents who do not have prescription drug coverage.

United Way of America

<http://national.unitedway.org>

United Way offices across the nation provide services and referrals to people struggling financially. Check the telephone directory or go online to find an office near you.

Veteran's Affairs (VA)

Toll free: (800) 827-1000

www.va.gov

Eligible veterans and their dependents can receive cancer screening and treatment at VA Medical Centers.

A list of accommodations in the Salt Lake City area is available on the University Health Care website at <http://uuhsc.utah.edu/uuhsc/patient/lodging.htm> or by calling the Huntsman Cancer Information Service toll free at (888) 424-2100.

Air Care Alliance

Toll free: (888) 260-9707

www.aircareall.org

The Air Care Alliance provides a listing of organizations that offer free flights to individuals who cannot afford the cost of traveling to and from health care facilities.

Angel Flight West

Toll free: (888) 4-AN-ANGEL (426-2643)

www.angelflight.org

This service provides free flights on private aircraft to people in Western states with a health care or other compelling need. For flights to or from other states, contact Angel Flight America toll free at (877) 621-7177 or online at www.angelflightamerica.org.

Corporate Angel Network (CAN)

Toll free: (866) 328-1313

www.corpangelnetwork.org

CAN provides free flights on corporate jets for cancer patients, bone marrow donors, and bone marrow recipients traveling to recognized cancer treatment centers in the United States.

Hospital Traveler

Toll free: (866) 889-9370

www.hospitaltraveler.com

Hospital Traveler provides help and information to patients and families who are traveling for medical care. Their staff can make hotel reservations and offer discounted air and car rental rates.

Joe's House

Toll free: (877) JOES-HOU (563-7468)

www.joeshouse.org

This housing resource for cancer patients who must travel for medical treatment provides a list of cancer treatment centers and nearby lodging facilities.

Jubilee Home

409 E 500 S
St George UT 84770
(435) 688-4514

Jubilee Home provides low-cost housing for patients and families receiving care at Dixie Regional Medical Center.

National Association of Hospital Hospitality Houses Inc. (NAHHH)

Toll free: (800) 542-9730

www.nahhh.org

NAHHH provides a list of hospitality houses that provide free or low-cost lodging for patients who are visiting treatment centers away from home.

National Patient Air Travel Helpline (NPATH)

Toll free: (800) 296-1217

www.patienttravel.org

NPATH provides information about all forms of charitable, long-distance air transportation for people traveling for medical care.

PERKIE Travels

A service of Active Re-Entry

(435) 637-4950

www.arecil.org

PERKIE Travels provides free transportation for patients living in Carbon and Emery counties receiving radiation therapy in Utah county.

Road to Recovery Program

American Cancer Society

In Utah: (801) 483-1500

Utah office toll free: (800) 234-0533

National toll free: (800) ACS-2345 (227-2345)

www.cancer.org

Road to Recovery provides limited transportation to and from hospitals, doctors' offices, and cancer treatment facilities.

Ronald McDonald House Charities

National number: (630) 623-7048

In Utah: (801) 363-4663

935 E South Temple

Salt Lake City UT 84102

<http://rmhc.com>

Ronald McDonald Houses provide free or low-cost housing for families of seriously ill children receiving treatment at nearby hospitals.

Senior Transportation Programs

Utah Aging and Adult Services

Toll free: (877) 4-AGING (424-4640)

www.hsdaas.utah.gov

www.utahagingservices.org

Senior Transportation Programs in Utah provide transportation to doctor's appointments, chemotherapy, physical therapy, and other destinations for people over age 60 who cannot drive or use public transportation. For more information, contact your local county government office or the toll-free number above.

Social Workers

Social workers at your treatment facility can help you find accommodations and travel assistance in your area. Contact your facility's social work office for more information.

Utah Transit Authority (UTA)

Schedule Information: (801) RIDE-UTA (743-3882)

Paratransit: (801) BUS-RIDE (287-7433)

TDD: (801) 287-4657

www.rideuta.com

UTA offers discounted fares to individuals over age 65 and paratransit for individuals with disabilities who cannot use the regular bus system.

Home Care

Home care describes the many health and social services provided in the home to recovering, disabled, and chronically or terminally ill patients.

Hospice

Hospice care meets the medical, emotional, and spiritual needs of individuals with a life-threatening illness and their loved ones. Hospice emphasizes quality of life and the relief of pain and symptoms. Hospice care can be provided in the home or in nursing homes, hospitals, or in-patient hospice facilities.

Finding Home Care and Hospice Services

The resources here can help you find home care and hospice providers. You can also check with your state for a list of licensed, Medicare-approved providers. In Utah, call the Bureau of Health Facility Licensing toll free at **(800) 662-4157** or visit their website at **<http://health.utah.gov/hflcra>**.

Children's Hospice International

Toll free: (800) 2-4-CHILD (242-4453)

www.chionline.org

Children's Hospice International provides information and educational brochures about children's hospice care, maintains a worldwide resource directory, and hosts an online forum.

End-of-Life Care Partnership in Utah

348 E 4500 S Ste 300

Salt Lake City UT 84107

(801) 892-6615

www.carefordying.org

The End-of-Life Care Partnership in Utah provides information and resources on topics such as making end-of-life care decisions, pain management, living wills, caregiving for the dying, and managing grief.

Hospice Education Institute

Toll free: (800) 331-1620

www.hospiceworld.org

The Hospice Education Institute offers information and education about hospice care and a directory of hospice programs. They are also a resource for patients and caregivers to call with questions and concerns.

Hospice Foundation of America

Toll free: (800) 854-3402

www.hospicefoundation.org

The Hospice Foundation of America provides information and educational materials about end-of-life and grief, and choosing hospice services. They also host annual bereavement teleconferences.

National Association for Home Care and Hospice (NAHC)

(202) 547-7424

www.nahc.org

NAHC maintains a provider directory and information about choosing home care and hospice services.

National Association for the Terminally Ill (NATI)

Toll free: (888) 847-0390

www.terminallyill.org

NATI provides financial assistance to families facing a terminal illness. They also host online support communities.

National Hospice and Palliative Care Organization (NHPCO)

Toll free: (800) 658-8898

www.nhpco.org

NHPCO's information line and Caring Connections website provide information about all aspects of hospice and end-of-life care, including finding a provider, advanced directives, caregiving, and coping with grief.

ADULTS WHO HAVE LOST A CHILD

STATEWIDE

Candlelighters Angel Family Tribute

Rocky Mountain Candlelighters for Childhood Cancer

Meets: September.

Purpose: This special tribute honors children who have died from cancer. The program includes a candle lighting ceremony and buffet dinner. Free.

Contact: Candlelighters Services Coordinator at (801) 487-7844, toll free at (888) 556-2737, or at info@childhoodcancer.org.

BRIGHAM CITY

Compassionate Friends

Brigham City Senior Center

24 N 300 W

Brigham City UT 84302

Meets: Second Thursday of each month at 7 p.m.

Purpose: For parents, children, or grandparents who are grieving the death of a child or sibling. Groups are led by parents. Free.

Contact: Kathy Glouski (435) 723-9743.

ADULTS WHO HAVE LOST A CHILD, continued

OGDEN

Compassionate Friends

McKay-Dee Hospital

4401 Harrison Blvd

Ogden UT 84403

Meets: First Monday of each month from 7 to 9 p.m. in room 4.

Purpose: For parents, adult siblings (ages 15 and older), or grandparents who are grieving the death of a child. Groups are led by parents. Free.

Contact: Nancy Carter at (801) 390-6262.

PROVO

Compassionate Friends

Meets: Please call for details.

Purpose: For anyone grieving the death of a child. Groups are led by parents. Free.

Contact: Ellen Jones at (801) 812-3796.

SALT LAKE CITY

Bereavement Support Group

Primary Children's Medical Center

100 N Medical Dr

Salt Lake City UT 84113

Meets: Six-week groups are held three times a year. Please call for more information.

Purpose: This group is for parents who have experienced the death of a child. Participants learn about the grieving process, share experiences, and receive support.

Contact: Mary-Ann Bowman, PhD, LCSW, at (801) 588-3483.

Compassionate Friends

Garden Center at Sugarhouse Park
1602 E 2100 S
Salt Lake City UT 84106
<http://tcfslcut.com>

Meets: Second Tuesday of each month at 7 p.m.

Purpose: For anyone grieving the death of a child. Groups are led by parents and consist of open discussion and guest speakers. Free.

Contact: Leslie at (801) 673-9322.

ADULTS WHO HAVE LOST A LOVED ONE

BOUNTIFUL

Lakeview Hospital Bereavement Support Group

Golden Years Senior Center
726 S 100 E
Bountiful UT 84010

Meets: Every Wednesday at 11 a.m.

Purpose: General bereavement support group for anyone grieving the loss of a loved one. Open to all ages. Free.

Contact: Chris Pace at (801) 397-4678.

ADULTS WHO HAVE LOST A LOVED ONE, continued

MURRAY

Cottonwood Hospital Bereavement Group

Cottonwood Hospital

5770 S 300 E

Murray UT 84107

Meets: First and third Wednesday of each month from 2:30 to 4 p.m. Please call to register.

Purpose: A grief support group that addresses the grieving process, guilt, remembrances, and how to handle the holidays. Free.

Contact: Lo Pendleton, LCSW, at (801) 314-2907.

OGDEN

Bereavement Support Group

Ogden Regional Medical Center

5475 S 500 E

Ogden UT 84405-6978

Meets: As needed. Please call for more information.

Purpose: General bereavement support group. Free.

Contact: Pastoral Care at (801) 479-2074.

OREM

Bereavement Support Group

**Intermountain Home Care and Hospice in
Utah County**

1165 S 800 E

Orem UT 84079

Meets: Please call for meeting times and to register.

Purpose: General bereavement support group for adults age 18 and older. Eight weekly sessions run as needed. Free.

Contact: David Dye or Elaine Hill at (801) 225-0584.

VistaCare Hospice Bereavement Group
Seville Retirement Residence
 325 W Center
 Orem UT 84057

Meets: Thursday nights from 6 to 8 p.m.

Purpose: A general bereavement group. Free.

Contact: Julia Martinez toll free at (866) 317-8921.

PROVO

Utah Valley Medical Center Bereavement Support Group

Utah Valley Medical Center
 1034 N 500 W
 Provo UT 84604

Meets: Please call for meeting times and to register.

Purpose: General bereavement support group for adults. Eight weekly sessions run regularly throughout the year. There is a \$30 charge which can be waived based on need.

Contact: Kerry Wycoff at (801) 357-2447.

ADULTS WHO HAVE LOST A LOVED ONE, continued

SALT LAKE CITY

Bereavement Support Group

Sponsored by Larkin Mortuary

St. Mark's Hospital

1200 E 3900 S

Salt Lake City UT 84124

Meets: Please call for meeting times and dates.

Purpose: Grief support group for anyone who has suffered a loss. This is an eight-week closed group; registration is required. Free.

Contact: Carol Lee at (801) 268-7141.

Caring Connections: A Hope and Comfort in Grief Program

University of Utah College of Nursing

www.nurs.utah.edu/caringconnections

Meets: Please call for more information.

Purpose: Various eight-week grief groups and a newsletter. There is a cost for this program but scholarships are available for those in need.

Contact: Caring Connections at (801) 585-9522.

Coping with Grief Seminar

CareSource Hospice

1624 E 4500 S

Salt Lake City UT 84117

Meets: Second Thursday of each month from 5:30 to 7 p.m. Please call to register.

Purpose: Provides information about grief and loss, grief reactions, and healthy coping mechanisms. Free.

Contact: Bereavement Services at (801) 266-7200.

LDS Hospital Open and Closed Bereavement Support Groups

- Meets:* Meetings are held at various community sites. Please call for times and locations.
- Purpose:* Ongoing education and support for people who have lost loved ones. Free.
- Contact:* Helen Rollins at (801) 408-5661.

Loss of a Family Member or Friend Group

CareSource Hospice
1624 E 4500 S
Salt Lake City UT 84117

- Meets:* Please call for meeting dates and to register.
- Purpose:* An eight-week series designed to help people who have lost family or friends. Members give and receive support, discuss their loss, and find ways to cope. Free.
- Contact:* Bereavement Services at (801) 266-7200.

Loss of a Spouse Group

CareSource Hospice
1624 E 4500 S
Salt Lake City UT 84117

- Meets:* Please call for meeting dates and to register.
- Purpose:* An eight-week series designed to help people who have lost a spouse. Members give and receive support, discuss their loss, and find ways to cope. Free.
- Contact:* Bereavement Services at (801) 266-7200.

ADULTS WHO HAVE LOST A LOVED ONE, continued

SALT LAKE CITY, continued

St. Vincent's Bereavement Group

1375 E Spring Ln
Salt Lake City UT 84117

Meets: Please call for meeting times and to register.

Purpose: Nine-week groups beginning in fall and spring for adults who have lost a loved one. Spiritually oriented; open to all faiths. \$15 fee.

Contact: Pat Pitcher or LaRee Osman at (801) 527-2036.

VistaCare Hospice Bereavement Group

VistaCare Hospice
1111 E Brickyard Rd Ste 107
Salt Lake City UT 84106

Meets: Wednesdays from noon to 1:30 p.m.

Purpose: A general bereavement group. Free.

Contact: Julia Martinez at (801) 467-7772.

ST GEORGE

Grief Support Group

**Intermountain Home Care and Hospice
at Dixie**
1240 E 100 S Bldg 22 Ste 219
St George UT 84790

Meets: Please call for dates, times, and location.

Purpose: Grief support group that meets as needed. Free.

Contact: Jan McKay at (435) 688-4567.

CHILDREN WHO HAVE LOST A LOVED ONE

OGDEN

A Center for Grieving Children

560 39th St
Ogden UT 84403

Meets: Please call for more information.

Purpose: A support program for children, teens, and families who are grieving the loss of a loved one from death, divorce, or separation. Free.

Contact: A Center for Grieving Children at
(801) 476-1127.

OREM

Canary Garden Bereavement Support Group

www.canarygarden.org

Meets: Weekly. Please call for times, locations, and to register.

Purpose: Bereavement support groups for children and teenagers grieving the death of a family member. Pre-registration is required. Free.

Contact: Canary Garden at (801) 636-3602 or at
info@canarygarden.org.

CHILDREN WHO HAVE LOST A LOVED ONE, continued

SALT LAKE CITY

Bereavement Support Group

Primary Children's Medical Center

100 N Medical Dr

Salt Lake City UT 84113

Meets: Six-week groups are held three times a year.
Please call for more information.

Purpose: Bereavement group for children ages 6 to 12 who have lost a loved one. Children learn about grief, share their experiences and feelings, and get help with maintaining their memories of the one who has died.

Contact: Mary-Ann Bowman, PhD, LCSW, at
(801) 588-3483.

The Sharing Place

1695 E 3300 S

Salt Lake City UT 84106

www.thesharingplace.org

Meets: Please call for more information.

Purpose: A support program for children, teens, and their families who are grieving the death of a loved one. Families pay pledges.

Contact: The Sharing Place at (801) 466-6730.

ST GEORGE

Grief Support Group

**Intermountain Home Care and Hospice
at Dixie**

1240 E 100 S Bldg 22 Ste 219
St George UT 84790

Meets: Please call for dates, times, and location.

Purpose: A grief support group for children and teens.
Free.

Contact: Jan McKay at (435) 688-4567.

Alliance Community Services
Altius Health Plans
American Cancer Society
Asian Association of Utah
Association for Utah Community Health
Bear River Health Department
Cancer Wellness House
Center for Active Survivors
Center for Colon and Rectal Disease
Central Utah Cancer Center
Central Utah Clinic
Colon and Rectal Surgery
Cruisin for a Cure
Davis County Health Department
Dermatology Research Center
Ethnic Health Advisory Committee
HealthInsight
Huntsman Cancer Institute
Intermountain Healthcare
LDS Hospital–Cancer Registry
Love Communications
Middleton Urology
National Alliance of State Prostate Cancer Coalitions
National Cancer Institute Cancer Information Service
Navitas Cancer Rehabilitation Centers
Public Employees Health Program
Rocky Mountain Candlelighters for Childhood Cancer
Salt Lake Valley Health Department
Southwest Utah Public Health Department
Spencer S. Eccles Health Sciences Library
The Cancer Crusaders Organization
The Leukemia & Lymphoma Society
Utah Cancer Foundation
Utah Cancer Specialists
Utah County Health Department
Utah Dept. of Health–Bureau of Health Promotion
Utah Dept. of Health–Genomics Program
Utah Dept. of Health–Tobacco Prevention & Control Program
Utah Dept. of Health–Utah Cancer Control Program
Utah Partners for Health
Wasatch County Health Department
Weber-Morgan Health Department
Western Urological Clinic

The ***Cancer Resource Guide*** is dedicated to all cancer survivors, their loved ones, and the professionals who care for them. I hope our guide will be a valuable resource for you.

I would like to thank Meredith Rae Vehar and Jeanne Truxal at Huntsman Cancer Institute for their help in editing and printing this edition of the ***Cancer Resource Guide***. I would also like to thank the numerous support groups, organizations, and individuals who have contributed their time and information to our guide. Finally, a special thanks to the Utah Cancer Action Network for their collaboration and assistance in publishing this year's edition.

Sincerely,

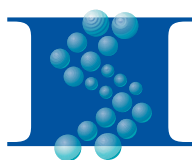
Lara Niederhauser

Editor, *Cancer Resource Guide*

Patient and Public Education

Huntsman Cancer Institute

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HUNTSMAN CANCER INFORMATION SERVICE
(801) 581-6365 (888) 424-2100
www.huntsmancancer.org



ucan
Utah Cancer Action Network

UTAH CANCER ACTION NETWORK (UCAN)
HEALTH RESOURCE LINE
(888) 222-2542
www.ucan.cc